



LIVE BETTER: EVALUATION SUMMARY
OCTOBER 2025



Live Better initiative: PHA evaluation summary

The aims of the evaluation were to describe the development and implementation of Live Better, assess the effectiveness of partnership working, examine barriers and facilitators to delivery, determine the impact of activities to provide targeted health support, and identify key learning to inform future work.

Evaluation included three main elements:

- 1) collation of reports from outcome groups and overarching activities using a theory of change template, to capture and report on the impact of activities;

2) a partnership evaluation questionnaire to measure the quality of partnership working, completed by members of outcome groups before and after delivery of interventions;

3) a process evaluation examining barriers and facilitators to the Live Better approach through qualitative interviews with stakeholders.

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10 February 2026

Last reviewed

11 March 2026

Additional information

Follow the link for [more information about Live Better initiative](#).

Details

Format

Microsoft Word document, 36 pages

Target group

Professionals

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Attachment	Size
Live Better initiative: PHA evaluation summary (October 2025)	1019.66 KB

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