

Bespoke Low Intensity, Evidence Based Cognitive Behavioural Therapy (CBT) Programme for In-person Group and Online Group Delivery [5974641]

Last reviewed
20 May 2026

The Procurement and Logistics Service (PaLS), on behalf of the Public Health Agency (PHA) in Northern Ireland, has published the following Tender;

Bespoke Low Intensity, Evidence Based Cognitive Behavioural Therapy (CBT) Programme for In-person Group and Online Group Delivery [5974641]

The PHA is tendering for the development of a bespoke low intensity, evidence-based Cognitive Behavioural Therapy (CBT) programme for in-person group and online group delivery. The service is to develop, design, pilot, evaluate, finalise and train trainers in a Northern Ireland based low intensity, evidence-based CBT programme in line with NICE Guidance (CG113 and NG222) aimed at those aged 18 years and older who are experiencing anxiety, stress or mild/moderate depression.

The Tender and all associated Tender documents are available on eTendersNI (<https://etendersni.gov.uk>) under Resource ID/CfT Number: 5974641.

Please ensure you are registered on eTendersNI and ensure you are registered against CPV Codes:

80400000-Adult and other education services

80500000-Training services

80521000-Training programme services

Tender submission deadline: 02 March 2026 @ 3pm.

Reference

5974641

Closing date

02/03/26 03:00

Themes

[Promoting Mental Health and Suicide Prevention](#)

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