

Thursday, 19 March 2026

[Health and Social Wellbeing Improvement](#)



This leaflet highlights the importance of protecting your skin from UV damage (either from the sun or sun bed use), provides advice on how to check your skin regularly and the importance of looking out for any mole changes.

This leaflet was printed and distributed to community pharmacies that deliver the Living Well service. Living Well is a community based pharmacy service offered in over 500 pharmacies across Northern Ireland.

Details

Format

A3 leaflet, PDF

Target group

Public, professionals

Downloads

Attachment	Size
Skin cancer what you need to know leaflet (March 2026)	1.34 MB

Tags

- [skin cancer](#)
- [sun](#)

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