

Nutrition guidelines and menu checklist for care homes



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These guidelines and menu checklist have been developed to support care homes across Northern Ireland by providing practical, evidence-based recommendations that can be implemented by all members of the care team. The guide aims to prevent malnutrition, help ensure high-quality nutritional care and ultimately improve health outcomes.

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03 April 2026

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26 May 2026

Details

Format

A4, full colour 94 page booklet

Target group

Staff in care homes across Northern Ireland

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Attachment	Size
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