

Protect them on the inside too.

The flu vaccine is now available for all children aged 2 to 11 years old.*

- The nasal spray flu vaccine is safe and effective
- It is quick and painless
- It will help protect your child against flu, which can be serious, especially for children with medical conditions
- It can help stop the spread of flu to other people in the family who are at higher risk of flu like babies and grandparents

Go to **fluawareni.info** for more information. Your GP or school nurse should offer your child the vaccine or contact your GP surgery to find out about arrangements in your practice.

* Pre-school children will be offered the vaccine at their GP surgery. Primary school children will be offered the vaccine at school.



www.pha.site/flu



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