

# 3+ Review

## Dear Parent

All children in pre-school are being offered a review by the health visitor who visits the school.

This is a significant time in your child's life. It is important that your child learns to be confident, trusting, curious and able to develop relationships and learn.

As part of the 3+ Review we would like you to complete the enclosed Ages and Stages Questionnaire (ASQ). This will provide information on your child's social and emotional development. Your answers will show your child's strengths and any areas in which your child may need more help or practice. You and your child will also be invited to a review meeting with the health visitor to discuss your child's development.

It's really important that your child enjoys learning and the more you know about your child's health and development the easier it is for you to help them.

If your child is already getting support from various health and education services we would still encourage them to be involved in the 3+ Review.



## What do you need to do?

Please complete the questionnaire and return it to your child's teacher within the week.

- ✓ Answer the questions based on what you know about your child's usual behaviour, not when they are sick, very tired or hungry.
- ✓ Answer all the questions.
- ✓ Please give examples of your child's behaviour, if asked, as it helps to understand your answers.

Your pre-school principal/leader will provide information on how to book the 3+ Review with the health visitor.

- ✓ This will be held in your preschool/nursery.
- ✓ Please bring your child's red book (PCHR).

The Early Intervention Transformation Programme (EITP) is a Northern Ireland Executive/Atlantic Philanthropies Delivering Social Change Signature Programme, funded jointly by the Delivering Social Change fund, DoH, DE, DoJ, DfC, DfE and The Atlantic Philanthropies. **EITP aims to improve outcomes for children and young people across Northern Ireland through embedding early intervention approaches.**

