

Contact your local Low Threshold Service on:

- Belfast area (Belfast Drug Outreach Team) 028 9504 1433
- Northern area (Extern) 028 2565 4012
- Southern area (Extern) 074 2347 4844
- South Eastern area (Simon Community) 074 3575 4307/ 074 3575 4302
- Western area:
 - Derry area (Depaul) 028 7136 5259
 - Fermanagh and Omagh areas (Arc Healthy Living Centre) 028 6862 8741
 - Limavady area (First Housing Aid and Support Services) 028 7137 1849

Low Threshold Services can support people who use drugs to reduce their risks and also help them to access other support services or treatment.

If you are receiving treatment from a Community Addiction Team, you can also get naloxone from them.

There is a range of support services available in Northern Ireland for people affected by alcohol and/or drugs. Information on these services can be found at www.drugsandalcoholni.info



Public Health
Agency

Public Health Agency
12-22 Linenhall Street, Belfast BT2 8BS.
Tel: 0300 555 0114 (local rate).
www.publichealth.hscni.net

Find us on:



01/20

At risk of overdose?

NALOXONE

SAVES LIVES



Public Health
Agency

What is naloxone?

Naloxone is a medicine that is used to reverse the effects of opiate-type drugs like heroin, for a short period of time. Naloxone has been used for many years in hospitals and by ambulance crews as an 'emergency rescue medicine', administered to people who appear to have taken an opioid overdose.

When someone accidentally overdoses on opioid drugs, their breathing can be affected and this can lead to their death. Naloxone can help restore the breathing of the person who has overdosed, and keep them alive until an ambulance arrives.

Naloxone is injected into the muscles of the outer arm or upper thigh.

Who can get naloxone?

If you use heroin or other opiate-type drugs such as morphine, methadone, codeine, or fentanyl, you can get a free naloxone pack.

You can also get naloxone if you have a friend or family member who uses heroin or other opiate-type drugs, so that if they overdose, you can administer it to them and save their life.

This is a free service for anyone who lives in Northern Ireland. It is legal to carry naloxone.



How to get naloxone

To request a pack, contact your local Low Threshold Service and ask for naloxone. They will arrange to meet with you. When you see them, they will give you a pack of naloxone and show you how to use it.

Once you get your pack of naloxone it is vital that you keep it with you so that it is there if you or someone else overdoses.