

# COVID-19 (coronavirus)

**IF YOU HAVE** a cough, **OR** fever, **OR** shortness of breath  
**AND** have been to any of these places in the last 14 days:

- China
- Thailand
- Japan
- Republic of Korea (South Korea)
- Hong Kong
- Taiwan
- Singapore
- Malaysia
- Macau
- Laos
- Myanmar
- Cambodia
- Vietnam

Or

- Italy between 19 February and 8 March 2020

**Please make your way to your residence, contact your GP by phone, stay indoors and visit [pha.site/coronavirus](http://pha.site/coronavirus) for advice. If you **DO NOT** have any symptoms you do not need to take any action.**

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If you have been in the past 14 days to:

- Hubei province (including Wuhan), China
- Iran
- Daegu or Cheongdo in South Korea

Or

- Any area of Italy under lockdown between 19 February and 8 March 2020
- Anywhere in Italy since 9 March 2020

**Please make your way to your residence, stay indoors and call the **NHS helpline on 111** for advice, **EVEN IF YOU DO NOT HAVE SYMPTOMS**. Visit [www.pha.site/coronavirus](http://www.pha.site/coronavirus) for further information.**