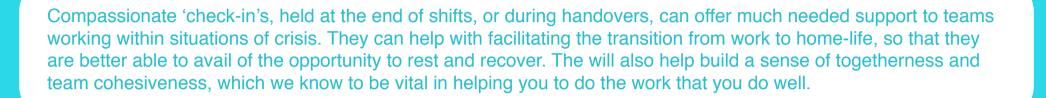


Compassionate Check – ins for Teams during COVID-19 A Resource for Teams and Managers



The following questions can be asked by a team lead, shift leader or another member of the team:

'How are we doing as a team today?'

'What has been one thing that you feel we did well today?'

'What can we pause for today, so that we can enjoy our time off?'

'What can we all do to help us with this?'

Remind staff of support services if they feel they would like additional support (e.g. Staff Helplines, Drop-in Clinics within hospital settings) Finish by thanking staff for their hard work and reminding them of the difference they are making to the lives of others by being here.