Coronavirus - a simple guide

This simple guide provides links to the latest COVID-19 advice on a variety of subjects.

It is designed to be used as a reference tool for people seeking more detailed information.

Please note the PHA Health Protection Duty room is intended for professional to professional advice only. General information on a range of health issues including coronavirus can instead be found at the links below.

Symptoms of COVID-19

The symptoms of COVID-19 and what you should do if you have them.

[Website Link]

Preventing the spread of infection

Information on handwashing and respiratory hygiene.

[Website Link]

Testing

COVID-19 testing, including when to book a test, test centres and using the test kit.

[Website Link]

Contact tracing

The Contact Tracing Service and what you should do if you are identified as a close contact.

[Website Link]

Schools and education

Guidance for schools and parents on the latest measures in education.

[Website Link]

The StopCOVID NI app

Information on the free health service contact tracing app for mobile phones:

[Website Link]
### Restrictions by area

Up-to-date guidance on the localised restrictions by area:


### Face coverings

Where face coverings are required, who should wear them and exemptions

www.nidirect.gov.uk/face-coverings

### Travel advice

The latest guidance on travel to foreign countries and rules on entering the UK.


### Advice for workers

How to help reduce the risk of spreading coronavirus while working or how to get help if your job has been affected during the pandemic.


### Advice for business

Information and support to help businesses manage the impact of COVID-19.

www.nibusinessinfo.co.uk/campaign/coronavirus-updates-support-your-business

### Guidance for care homes

This guidance is aimed at Health and Social Care Trusts and registered providers of accommodation for people who need personal or nursing care. In addition, there are also important messages for relatives and friends of those in nursing and residential homes.

www.health-ni.gov.uk/node/43074