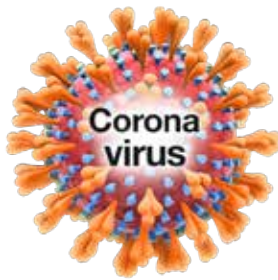


COVID-19 vaccine - a guide for people with a learning disability



What is COVID-19?

COVID-19 is a new illness spreading across the world.

It is a bit like flu but can be very serious for some people.



What is a vaccine?

A vaccine helps your body fight diseases.



Why do I need a vaccine?

It will help protect you from getting very sick from COVID-19.





Is it safe?

Lots of doctors and experts say the vaccine is safe. It has been tested on lots of people all over the world.



Is it free?

Yes. You won't have to pay any money for your vaccine.



What if I've already had COVID-19?

You will still need to get the vaccine as you can get COVID-19 more than once.



How will I know when it is my turn to get the vaccine?

Your local Health and Social Care Trust or doctor will contact you. Remember to wear a face covering to your appointment if you are able.



I am
having
the
Vaccine



What if I'm not sure?

It is your choice to have the vaccine. You can say 'no'. It will help protect you from getting very sick with COVID-19.

Talk to your doctor, friends and family to help you decide.



Can I get the vaccine if I am sick?

It is important to have the vaccine as soon as soon as you can, but if you feel very sick you might have to wait until you feel better. Ask your doctor or nurse if you are not sure if you are well enough.

If you have been told to stay at home for a while because you have COVID-19 or have been near someone who has it, you need to wait until it's okay to go out. Ask your doctor or nurse if you are not sure.



What will happen at my appointment?

The doctor or nurse will explain what will happen and ask if you agree to having the vaccine.

They will ask you some questions about your health. Tell them if you are pregnant or have any allergies.

Then they will offer you an injection in the top of your arm. Please wear a loose top or T-shirt.

After this, you will be asked to wait for a short time to make sure you feel ok.



Will it hurt or make me sick?

It might hurt a bit and you may get a sore arm or a sore head after and feel a bit tired or poorly. This should only last for a few days. If you are sore or feel poorly some tablets might help.

If you have a carer, ask them to help get you the right tablets.





What do I do if I feel really sick after?

If you feel very unwell, call NHS 111 or your doctor. Tell them when you had the vaccine.

Don't forget your COVID-19 vaccination 

Make sure you keep this record card with you

For more information on the COVID-19 vaccination or what to do after your vaccination, see www.nidirect.gov.uk/covid-vaccine

 **DoH** www. NI . gov . uk

 **HSC** Health and Social Care

 **ID.1** Protect yourself.

What do I do next?

You will need a second injection so you will be protected for longer.

You will get a record card with the date of your next appointment. This will be between 3 and 12 weeks after your first appointment.



Where can I get more information?

Please go online and visit the nidirect website www.nidirect.gov.uk/covid-vaccine

Or speak to your doctor

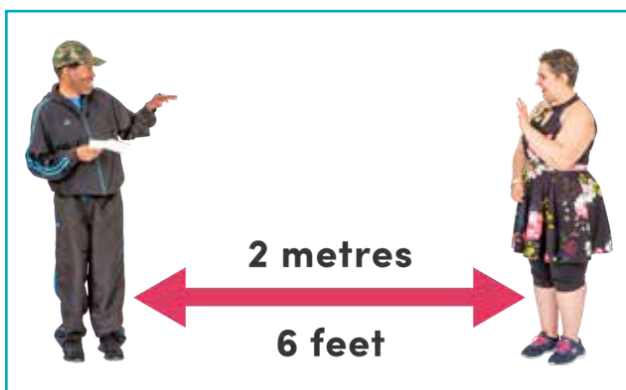
Even if you've had the vaccine, you still need to



Wash or sanitise your hands often



Wear a face covering if you are able



Stay 2 metres (6 feet) apart from others