

# Things you can do to reduce the spread of COVID-19 in your home

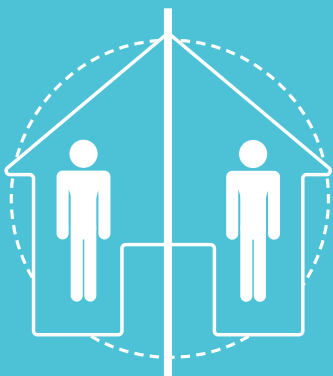


Wash your hands regularly for 20 seconds

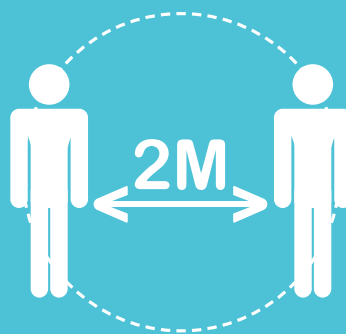


Clean toilet and shared surfaces after use

## If you have COVID-19 or are isolating because you have been identified as a close contact you should also:



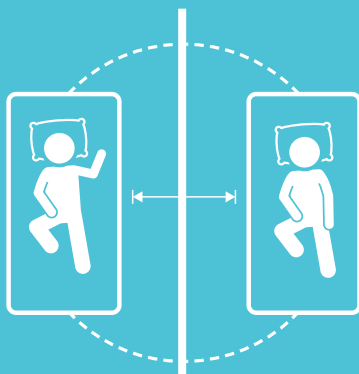
Stay in separate rooms if you can



Stay at least 2 metres (6 feet) apart



Keep rooms well ventilated



Sleep alone, if possible



Use separate towels, cutlery, crockery and utensils