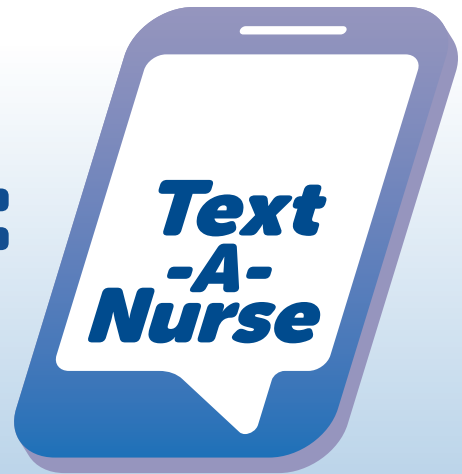


Services for young people: Information for Parents/Carers



A new Text-a-Nurse service has been launched to provide young people with a secure and confidential text messaging service to a school nurse for advice and support.

The service is aimed at 11 to 19 year olds and will be delivered by the School Nursing Teams.

This new scheme will allow young people to seek advice about sensitive health issues without a face to face appointment. School nurses will provide help on a range of issues including, emotional health and wellbeing, alcohol and drugs, sexual health, bullying and general health issues.

Young people who want to get in touch, text the service which is staffed on a duty rota from 9am to 5pm during the week in both term time and school

holidays. The message is delivered to a safe and secure web application for the nursing staff to view. Young people using it are guaranteed a response within 24 hours Monday to Friday. If a faster response is needed, they are given signposting information. There are clear safeguarding procedures in place in the event that young people disclose they are at risk of harm.

We hope through this non-judgemental, confidential text service young people will be empowered to ask those questions that they otherwise wouldn't have the confidence to ask.

Belfast Trust Text-A-Nurse
07507 328290

Northern Trust Text-A-Nurse
07480 635982

South Eastern Trust Text-A-Nurse
07507 327263

Western Trust Text-A-Nurse
07480 635984

Southern Trust Text-A-Nurse
07507 328057