Advice on car sharing

At this time please avoid car sharing, but if you have to, please follow these simple steps:

- Wear face coverings
- Sit as far away as possible
- Share with the same small group only
- Keep windows open
- Wash hands or use sanitiser before and after journey
- Clean car surfaces after every journey (including seatbelts and internal/external handles)
Got coronavirus symptoms?
New continuous cough, high temperature, loss of taste and/or smell

Self-isolate and get tested
Stay at home and book a test. Anyone in your households should isolate with you until they know the outcome of your test.

To book a test visit www.pha.site/cvtesting
Call 119 if you cannot book online.

If you have been in close contact with someone who has tested positive, you must self-isolate and book a test even if you have followed the advice in this leaflet.