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offered to those at highest risk of catching the	እ <u>ን</u> ተሐቲዎምድማስቢድሕልኽለቫት ኪ <i>ን</i> ኆማማካምዝኽል
infection and of suffering serious complications if	አ ች ሪቡን ይሩ።
they catch the infection.	
This included older adults, frontline health and	<u>እዚደማንዓበይቲ ኣረ</u> ጋውያን፡ ንሰራሕተኛታት ላ ለዋ ሳዕናን
social care workers, care home residents and	ንሜብሪዊክንክን
staff, and those with certain clinical conditions.	ንሰራሕተኛታትን ከምሩውን እተወሰነ ክሊኒካዊከን ታት ንዘለምም
	ዘጢ፷ላል
Am I at risk from COVID-19 infection?	ንለበዳኮቪ ሮ 19 ኣብ ዛዴን ደየ ዘለ ዥ
Coronavirus can affect anyone. If you are an older	ኮሮናቫደረስ ንዝቸ፣ ሰብክጻሉይቻጲል እዩ። ዕደሜምትሉ ከእን
adult and have a long-term health condition, you	<i>ን</i> ነ ዊሕእዋን ተጰንሕናይናዕና <i>ጸገ ም</i> ዝለከ ምን <i>ያ</i> ስ እትቸቱ፡
should have already been offered the vaccine.	ን ቲ ክታብት ኣ ቒ ዲያ ት ምክትው/ቡ <i>9</i> ት ተን イ እከም
Who is now eligible for the vaccination?	አብ ኒ እሞ እዚ ኪቃበት ናይ ም ሳድ ጣ ል ዘለዎ ጣ እዩ፡
The vaccine is now being offered to people at	ሕጂ እቲ ክታበት ንሕል ኧላ ኽ ኮቪድ 19 ኣብ ገዙ ዛተ ሓደ <i>ጋ ገ</i> ዘለዉ
lower risk from the complications of COVID-19.	ሰባት እዩ ነውነ ብዘለ። ኣብ-ነደ <i>ን ም</i> ት-ነዝ በቲ ረ ቻሲን ናብ
You are still at risk of catching the infection and	ካልኦት ኣብዎትሕልላፍን ኢኻትርኩብ፡
passing it on to others.	
For most younger people COVID-19 is usually a	ንጣዝሕትኦምስዕደማ ኣሽቱ ነዥ ሰባት ኮቪድ 19 ጣዝሕትኡ
milder illness that rarely leads to complications.	ማዜናብሕልኽለኻትሳሕቲዘምሮሕፈነስ ሕዋምኧዩ። ኣብውዙዳት
For a few people the symptoms may last for	ሰባት
longer than the usual two to three weeks. The	ንነነ ውሐ ግዜ ክጸንሕይቻእል። እቲ ክታበት ካብኮቪድ 19
vaccination will help to protect you against	39Pa Ta Namh fra haman a mara mara mara mara mara mara mar
COVID-19.	771101 10111111111111111111111111111111
The vaccine will be offered to those under 50	እተ ክታበት በዚ ተስዕብ ማስርዕ ንትሕቲ 50 ዓ ምት ተዕደጫም
years old in the following order:	カログーの表記:
• 40 - 49 years	• 40 - 49 9/11
• 30 - 39 years	• 30 - 39 9 th
18 years and over	• 18 ዓጣትን ልዕሊትን
The risk remains higher in older ages. For	እቲ <i>-</i>
The risk remains migher in older ages. For	
•	
example the risk of dying from COVID-19 in	ካብ40 ክሳብ49 ዓጣት ኣብዝዕደጣኢሳብብኮቪድ19 ናይ
example the risk of dying from COVID-19 in someone aged 40 to 49 is 3 times higher than	ካብ40 ክሳብ49 ዓ/ች ኣብተዕደሜ ሰብብኮቪድ19 ናይ ምቷ ዕድሉ ካብቲ ኣብ30 ክሳብ39 ዓ/ች ተዕደሜ ዘሎሰብብ
example the risk of dying from COVID-19 in someone aged 40 to 49 is 3 times higher than someone in the 30 to 39 year age group and 12	ካብ40 ክሳብ49 ዓ/ች ኣብተዕደሜ ሰብተኮቪድ19 ናይ ምቷ ዕድሉ ካብቲ ኣብ30 ክሳብ39 ዓ/ች ተዕደሜ ዘሎሰብብኔ ዕጽፊ ዝዘየደ ክዥውን ከሎኣብጉጅላ 20 ክሳብ29 ዓ/ች ካብዘሎ
example the risk of dying from COVID-19 in someone aged 40 to 49 is 3 times higher than someone in the 30 to 39 year age group and 12 times higher than someone in the 20 to 29 year	ካብ40 ክሳብ49 ዓ/ች ኣብተዕደሜ ሰብብኮቪድ19 ናይ ምቷ ዕድሉ ካብቲ ኣብ30 ክሳብ39 ዓ/ች ተዕደሜ ዘሎሰብብ
example the risk of dying from COVID-19 in someone aged 40 to 49 is 3 times higher than someone in the 30 to 39 year age group and 12 times higher than someone in the 20 to 29 year age group.	ካብ40 ክሳብ49 ዓ/ምት ኣብተዕደሜ ሰብብኮቪድ19 ናይ ምቷ ዕድሉ ካብቲ ኣብ30 ክሳብ39 ዓ/ምት ተዕደሜ ዘሎሰብብኔ ዕጽፊ ዝዘየደ ክዥውን ከሎኣብንጅለ 20 ክሳብ29 ዓ/ም ካብዘሎ ሰብደማብ 2 ዕጽፊ ዝዘየደ እዩ።
example the risk of dying from COVID-19 in someone aged 40 to 49 is 3 times higher than someone in the 30 to 39 year age group and 12 times higher than someone in the 20 to 29 year age group. As the programme progresses, the JCVI will	ካብ40 ክሳብ49 ዓጣት ኣብዝዕደሜ ሰብብኮቪድ19 ናይ ምቷ ዕድሉ ካብቲ ኣብ30 ክሳብ39 ዓጣት ዝዕደሜ ዘሎሰብብን ዕጽፊ ዝዘየደ ክዥውን ከሎኣብጉጅላ 20 ክሳብ29 ዓጣት ካብዘሎ ሰብደማብ 2 ዕጽፊ ዝዘየደ እዩ። እቲ ሜብእና መበለ ክሹድድከሎ ጃሲቪ (JCVI) ንነ ፍሲ መፍ
example the risk of dying from COVID-19 in someone aged 40 to 49 is 3 times higher than someone in the 30 to 39 year age group and 12 times higher than someone in the 20 to 29 year age group. As the programme progresses, the JCVI will advise on the appropriate vaccine for each age	ካብ40 ክሳብ49 ዓ/ች ኣብተዕደሜ ሰብብኮቪድ19 ናይ ምቷ ዕድሉ ካብቲ ኣብ30 ክሳብ39 ዓ/ች ተዕደሜ ዘሎሰብብያ ዕጽፊ ዝተየደ ክቸውን ከሎኣብን ጅላ 20 ክሳብ29 ዓ/ች ካብዘሎ ሰብደማብ 2 ዕጽፊ ዝተየደ እዩ። እቲ ሜብእና መበለ ክሹድ ከሎ ጃሲቪ (JCVI) ንን ፍሲ መፍ ን ጅላ ዕደማብዕባ ተነግእ ክታስት ክማስር እዩ። እቲ ተውሃብ
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the preferred vaccines for pregnant women of any age. There is now extensive experience of the use of the Pfizer BioNTech and Moderna vaccines in pregnancy in the USA with no safety concerns. Pregnant women who commenced vaccination with the AZ vaccine, however, are advised to complete with the same vaccine.

ንተርከባ ነ ፍጎ-ጾሪት ተማዲ ክታብት እዩ። ኣብኒ እዋን'ዚ ኣብ ሕበራት ማኅስታት ኣሜካ ናይ ድዝነ ት ስክፍታ ዘይብለምኣብ እዋን ጥነሲ ናይ ፋይዘር ባዮኒ ቲክን ሞድናን ክታብታት ምታም ሰፊሕ ተማትሮ ኣለ። ኣስትሪዘነ ካ (AZ) ክታብት ተጀማራ ነ ፍጎ-ጾሪት ደቂ ኣንስትዮ፡ ማን ሓደ ዓይነ ት ክታብት ጥንድሳድ ምለአ ጥንሊት ይያክር።

Who cannot have the vaccine?

The vaccines do not contain organisms that grow in the body, and so are safe for people with disorders of the immune system. These people may not respond so well to the vaccine. A very small number of people who are at risk of COVID-19 cannot have the vaccine – this includes some people who have severe allergies and people with certain blood disorders.

እዚ ከታበት ንጣ ከው/ቦ ኣይክእልን።

እትምካታብታት ኣብሰው ት ጉጕ የህዋስያን ኣይሕተን እዮም ከምራው ናይስርዓተ ምእለፕል ሕዋማት ንድላት ንዘለምምነባት ውዘሳት እዮም እዘምነባትን ቲ ካታበት ጽበቅ ምላሽ ኣይሀቦን ይዥ። ኣተዩ ውዘድቁጽሪ ዘለምምባኮቪድ19 ገተታፏለውሰባት እዚ ክታብት ክውስዱ ኣይክእሉን - እዚ ንንለ ከቢድ ዥ ነውታት ዘለምምን ንለ ናይደም አንምነለምምነባትን የሲቻልል።

Who should wait to have the vaccine?

If you are currently unwell, self-isolating, waiting for a COVID-19 test or have had a positive COVID-19 test result in the last four weeks, you should delay vaccination until later.

እዚክታበት *ንም*ወሳድማ ክጸበ ኣለዎ

ኣብዚ እዋን እዚ ጥዕና ዘይብልካ፡ ርእስኻኣብምንላል፡ ናይ ከቪድ19 ባሮባው ምእባይ ወይ ኣብጉሥላፈ ኣርባዕተ ሳምንታት ኣውንታዊ ውንኢት ባሮባው ኮቪድ19 ምስጉህልውነ፡ ክታብት ክሳብ ድዝሩ ክደናን ይማበእ።

Will the vaccine protect me?

The COVID-19 vaccination will reduce the chance of you suffering from COVID-19 disease. It may take a few weeks for your body to build up some protection from the vaccine. Like all medicines, no vaccine is completely effective – some people may still get COVID-19 despite having a vaccination, but this should be less severe.

<u>እዚካታበትክከላኸላላይድ</u>ዩ

ክታብት ኮቪድ19፡ ነቲ ብ**ሕዋን** ካቪድ19 ንኝሕሳቐ ዘለክ ዕድላት ይንክዮ አዩ፡፡ ኣካላትስምካብቲ ክታብት 7ለ ወትስነ ት ንኝዘንጽ ሐዴት ሰ**ማ**ት ክወስድይኝ፟፟ል፡፡ ከምኩለምሚ<mark>ድ</mark>ሃኒ ታት ዣሽ ክታብት ምለአ ብ**ም**ለአ ኣድሚ ኣይኮነ ን - 7ለ ሰባት 7ና ክታብት ወሲዶምክነ ሶም ኮቪድ19 ክ-ሞይኝ፟፟፟፟፟፟ አሉ እዮም እዚ ማን ብርቱዕ ዘይኮነ ይዥውነ።

Will the vaccine have side effects?

Like all medicines, vaccines can cause side effects. Most of these are mild and short-term, and not everyone gets them. Even if you do have side effects after the first dose, you still need to have the second dose. Although you should get good protection from the first dose, having the second dose should give you longer lasting protection against the virus.

እዚ*ካታቡት ጎደ*ናዊ ሳዕቤን ክህልዎደዩ፡

ክታብታት ከሃጥሉም ምሃኒ ታት ታደናዊ ሳዕቤን ከስዕቡ ይኽሉሉ እዩ። ጣዝሕት አምኔ አጣትን ን ተጸር እዋን ተጽንሐን እየም ን ሽሉ ሰብናና አይኮን ን ዘ ታላማም። ይሕሪ እቲ ቀዳማ ድዝ ታደናዊ ሳዕቤን እኪ እንተ ሃለሷነም ሕቒ ውን እቲ ከልኣይ ድዝ ክት ውስደም አለከም ዋህ ኪ ካብቲ ቀዳማ ድዝ ደበቅ ጣትላ ሽሊ ክትረ ኽጉት ዮጵ ንታቸለን ከም እቲ ከልኣይ ድዝ ማን ካብ ቫደረስ ንሃክል ፕል ንን ዊሕ ተጽንሕ ጣትላ ፕሊ ይህበ ከም እዩ።

Very common side effects include:

- having a painful, heavy feeling and tenderness in the arm where you had your injection. This tends to be worst around 1-2 days after the vaccine
- እቲኣዡ ል**ም**ኀዡ *ጎድ*ናዊሳዕቤን ዘ*ጡ*፟ልለም
 - ኣብታክታበት ዝመነደክሙ ኢደከምዝሳቹን ከቢድን ስምኒት ከምጽ መ ምልማ ምድህል መንም እዚ ደሕሪ ክታበት ኣብከባቢ 1-2 ጫልቲ ዝሸፍን ይሸው።

- feeling tired
- headache, aches and chills

• ናይደቸምስምኒት • ቃንዛ ርእሲ፥ ቃንዛ ከምእውን ቁሪ

You can rest and take the normal dose of paracetamol (follow the advice in the packaging) to help you feel better. Although feeling feverish with flu-like symptoms is not uncommon for two to three days, a high temperature* is unusual and may indicate you have COVID-19 or another

ከተዕርፉን ንበር ዶዝ ፖሪሳታዌ ክትወነዱን ትኝእሉ ኢዥም ኣብቲ ማሸጊታት ዘሎዎቹሪ ተዥተለን ንኽሕሸክሙን ኽሕብከንም ናይ ጉንፋዕ ተዋስል ምልክታት ረስኒ ተስምነ ስንሚት ካብክልተ ክሳብ ሰለስተ ጫልቲ ዘደልሚ እኒ እንተዘይቸን ፡ ልዐል ወቅት ግን ዘይልሚ ስለዝቸን ኮቪድ 19 ወይ ካልእ ረ ኧሲ ከምዝለካ ክሕጢካ ይኧል። ኃድናዊ ሳዕበናት ድሕሪ ክታበት መዝሕቲሉ ግዜ

infection. Side effects following vaccination	ንትሕቲ ሰጣን ደጻንሑ፡ ሃፄክታትከሃਾእናን ደደ
normally last less than a week. If your symptoms	ጣሊተስምርያይ ከኣ ዘተዛብስበከምችንተ ኸይ፦ ናብNHS 111
seem to get worse or if you are concerned, call	LOA:
NHS 111.	٠٠٠ المواجع
*If you are on chemotherapy and have a high	* ከያቸራፒ ትን ብፋ እንተ ኣሊከምእሞያለውል ወኞት እንተ
temperature, contact your local cancer care unit.	ሃልደስም ኣብከባቢዥምንስ ኀርከብኣሃዱክንክን ጫሽሮ
temperature, contact your local cancer care unit.	ተራኸብ፡
If you experience any of the following more than	ዝሽን ካብዛምተስዕቡ ካብልዕሊ4 ሚ ልታትን ኣብ፴ችጥ28
4 days and within 28 days (4 weeks) after	<u> ማልታት(4 ሳምት) ደሕሪ ክታበት ያስ ዚጋባዋትም</u> ካበክፍሊ
vaccination you should seek medical advice	4ፈሻዊ ሕክም ወይክፍሊ ህጻጽ ክንክን ሳፅና ብ ሀ ጻጽ ም ነሪ
urgently from your GP or Emergency	ክትላቱ ይግለ።
Department.	
a new, severe headache which is not	•
helped by usual painkillers or is getting	ዘይሕን ተወይ እናን ደደ ክኸይድ ከሎ
worse;	11124111 110000 (
an unusual headache which seems worse	• በኅክትብሉ ከለዥም ኽትደኑን ነበ ደደ ዘደልሞድ
when lying down or bending over or may	ቃንዛ ርእሲ ውይበዛምነስዕቡ ኅዙሰን የ
be accompanied by	אוווווו ווטווו איוווישבים וויי כ
, ,	– ዘይንጹር ምሪኣይ ዕግርግር ምነልን ተምላስን
	- ሕግር ኣብኣዘራርባ፡
, ,	- 発神、 注於少亞の明和公司
new, unexplained pinprick bruising or	 4ይሽ ዘይተሚሚ ናይ ሚያትቲ ሕገጥርይ ሚያታቲ
bleeding;	יישווושו-ב-ל וש-שאר לאוווושט-ב-של
shortness of breath, chest pain, leg	 ሕጽረት ምስትንፋስ፦ ቃንዛ ኣፍሬቢ፥ ሕበጥ እማሪ
swelling;	
persistent abdominal pain.	• ዘየቋርጵ ቃንዛ ኩብዲ
If you have any of the above symptoms after your	ድሕሪ ቀዳሜ ክታበት እዞምኣብላዕሊ ኀዘተለዥ ታለ አታት
first vaccination, you should speak to your doctor	ሃስ ጉህል፴ዥም ሕቲካልኣይዶዝቅደሚዊኮብስምን-ተስያስም
or specialist before having the second dose.	αβ ንበዓል ተም ቸምጓዘራር ተም፡
If you do seek advice from a doctor or nurse	ካብ-ዛኒም፡፡፡፡ይነ ርስ ምንሪ እንተደሊዥም ብነዕባ ክታብትከም
please make sure you tell them about your	ክትን ግርዎምጓለከም ካርድክታበት ኣርጲይዎም ሞያበጵ ማ
vaccination (show them the vaccination card if	ክምሮምሮቸም ከምጽውነ ብና Eyellow Card ሜብኣበልከም
possible) so that they can assess you properly.	ገዘጠር <i>በፈ ጎ</i> ደናዊ ሳዕቤን ክታብትን ሜ ሃኒ ታትን ክትሕ
You can also report suspected side effects to	ት <u>ኝ</u> ጵሉኢ ቸም ተሜከት <i>ን</i> ጵ
vaccines and medicines through the Yellow Card	·
scheme. See page	
If you are currently in the clinically extremely	ኣብዚ <i>እ</i> ዋንዚ <i>ባ</i> ትየምብለኒካዊኣ ማ ተነቀ ና ቲገዥለጡጅለ
vulnerable group, please continue to follow the	<i>እ</i> ንተ <i>ይ</i> አ ኣለቸም ብኽ ቢጓከም ቲናይ <i></i> ማግስቲ <i>ማ</i> <mark>ፒ</mark> ሒ
government guidance.	<i>ም</i> ስትታል ቀጽሎ።
What can I do after I have had the COVID-19	ናይኮቪድ19 ኪታበት ይዝሪ ምርካበይእንታይክን ብር እንኧል።
vaccine?	
The vaccine cannot give you COVID-19 infection,	እቲ ክታበት ናይ ኮቪድ 19 ረ ኽሲ ኧህበከም ጓይ ክእልን እዩ፡
and two doses will reduce your chance of	<i>ሃ</i> ሉች ክትባት ብጽኑዕ ናይ <i>ፃ</i> ክዋ ም ይልከምዎሉች ብ ም እ
becoming seriously ill. We do not yet know how	የንድሎ በቲ ቫይረስ ናይምት።ዝን ናይምት ልላፍን ዘለካ ዕድል
much it will reduce the chance of you catching	ክሳዕ ክንደይከምዝንደሎዛጊት ኣይንፈልጥን ኢና። ስለዚ፡ ኣብ
and passing on the virus. So, it is important to	ከባቢዥምንዘለዉሰባት ብቹጷሊኽትስላዥ ለ ⁄ምጓ <i>ገዳ</i> ሲእዩ።
continue to protect those around you.	
Remember, to protect yourself and your family,	ንን ዛእ-ርእስዥን ንስድረብዝካን ንፈተውትዥን ጣርሕትዥን
friends and colleagues you MUST still follow any	ንዎክልፕል ክሳብሕቒ ዝፐሃ ከባብያዊ ቀደድታት ብንዲ ያኝታል
friends and colleagues you MUST still follow any local restrictions and:	

	1
 wear a face covering 	•
 wash your hands regularly 	• ኣሕዳውነ ብስሩዕ ተዛጸብ
 open windows to let fresh air in 	 ጽሩይኣየር ንኝህሎጣኝኩቲ ሃኝፋት
follow the current guidance at	 እዋናዊ ማይሒተኸተሉ ኣብ
www.nidirect.gov.uk/coronavirus	www.nidirect.gov.uk/coronavirus
Keep your card safe and make sure you keep	ካርደከምድሕንነ ት-በዘለዎ <i>ማባ ዲም</i> ዝ ከ <i>ም</i> ሌደማንቒጳሊ
your next appointment to get your second dose.	ካልኣይ <i>ዶ</i> ዝተምሣዊካብቆጸ <i>ረችም</i> ማዊ <i>ግን</i> ጽ።
Make sure you keep this record card with you	እዛ ናይ ጣ ክ ብካርድ ምነኘምነም እትዕቆበግና
Don't forget your COVID-19 vaccination Protect	ናይኮቪድ19 ክታብትከምኣይትረስው <i>ገ</i> ዛ <i>እ</i> ርእስዥም
yourself.	ተዅለዅ።
For more information on the COVID-19	ንነլየዳ ላበፈታ-በነዕባ ኪታበት ኮቪድ19 ወይደሕሪ ኪታበት
vaccination or what to do after your vaccination,	<i>እንታ</i> ይክትፃ-በሩ ከምዘለከምዘወከሱ
see www.nidirect.gov.uk/covid-vaccine	www.nidirect.gov.uk/covid-vaccine
Can I catch COVID-19 from the vaccine?	ከቪድ19 ካብቲ ከታቢታት ከሕዘኒ ይኽፈረዳ
You cannot catch COVID-19 from the vaccine but	ሕ ም ምስቪድ19 ካብቲ ክታብት ክትረ ኽበዎ ኣይት እችለን ኢቸም
it is possible to have caught COVID-19 and not	ይዥን እምበር እቲ ያለከታት ክሳብናይ ክታስት ቆጸራ ምክተሰም
realise you have the symptoms until after your	ኮቪድ19 ለዚከምከሎ ከየስተውልክዎዎክትጻንሔትቾሉ
vaccination appointment.	ኢቸም
The most important symptoms of COVID-19 are	እቶምጓዡምጓንደስቲምእክታትናይኮቪድ19 ኣብቀረባ እሞን
recent onset of any of the following:	タ整理 5 2 出 野 計 力 に
a new continuous cough	42所 48人介公
	• 808 apt
a high temperature a loss of ar change in your permal same	• ምጓፋች ወይዎቹያር ንበር ናይዎስትዎቜር ወይዎሽታት
a loss of, or change in your normal sense	
of taste or smell	ስምኒት እዞምኣብላዕሊ ኀዘተዥት ታሜካታት ታስ ኀህልውዥም ኣብን ዛዥም
If you have the symptoms above, stay at home	
and arrange to have a test.	ምናሕከም ደማዊው ንምባር ሚ ብግበሩ።
What do I do next?	電光大入光光加 で
After you have had the first dose you need to	እቲ ቀዳሜ ዶነተስምንስ ወሳደከምእቲ ካልኣይ ቆጸራቸም ንኽትካፈሉ ሜብምዝዝ የድልየከም ናይ ማስ ብካርድቸም
plan to attend your second appointment. You	
should have a record card and your next	7006年度
appointment should be between 3 and 12 weeks later.	12 1PTT11PT 571A
	እቲ ቀዓማይድዝ ጽቦች ዕቐባ ጉሀበ
Although the first dose will give you good	ከልአይ <i>ማና ነ</i> ዊሕነ ባሪ ዕ ቐ ባ <i>ንፃ</i> ሮከብእዩ።
protection, you need the second dose to get	1600 1 1 4 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
longer lasting protection.	Lateria do 10 oria ta tala dome. En la borro
What should I do if I am not well when it is my	ትብቲ ተቭጽል ቁጻሪይ ጽበቅ እንተ ዘይተሰሚቂ። እንታይ ከነብር
next appointment?	Cook comtable comban biol ambabb
If you are unwell, it is better to wait until you	ናይላዕና ጸንምእንድዝር ኣ <i>ጋ</i> ለ ኒ ዮም ክታበት ንምልድክሳብ
have recovered to have your vaccine, but you	ትዛር ምንበይገዛሽ እዩ፡ እንተቸነ ማ ኣብገዛጻረ ግዜ
should try to have it as soon as possible.	ክትወስደምክትፍትት ኣለከም
You should not attend a vaccine appointment if	ንንዛሕ-ርእስቸምነብካልሉት ንሊልከም ናይኮቪድ19 ምርሜ
you are self-isolating, waiting for a COVID-19 test	ክትጵበዩ ወይውን ኣብውሽጥጲርባዕተሰማትኣውንታዊናይ
or within four weeks of having a positive COVID-	ኮቪድ19
19 test.	ክትርክቡኣይግለእን።
Please read the product information leaflet for	ተሸነቢት ከምዝዕባ ክታብታት ከም ነ ዚናይ ፍርያት ወረኞት
more details on your vaccine, including possible	ተበሬታተ ሰ ነሱ እንተላይንኸንጥግ፟ቸእሉ ጎደናዊሳዕበፍት
side effects, by searching Coronavirus Yellow	ናይኮርኖቫደረስ ብጫርድ(Yellow Card) ፈትሹ። ከምሉርዓ
Card. You can also report suspected side effects	ናይገዙጢሲፈ ሳደናዊሳዕቤን ናብቲ ሚበብ-ብሬታ ውይነ ቲ
on the same website or by downloading the	Yellow Card ኣፕ ብ ሃ ውራድጸብዪብክትህቡት፟፟፟፻ጲሉ፡
Yellow Card app.	

coronavirus-yellowcard.mhra.gov.uk	coronavirus-yellowcard.mhra.gov.uk
Remember	Hh4.
COVID-19 is spread through droplets expelled	ኮቪድ19 ብምጮእ ነ ጡበጣት ብፍላይክዛረ ብ ብ
from the nose or mouth, particularly when	ካብኣፍን ኈጩ ኣፍብ ተ ጩ አ ነ ውጥ ነት አቢሉ ይመትለለፍ።
speaking or coughing. It can also be picked up by	ከምጽውን ምስ ገዘበበሉ ነ 7 ራትን ጽፍሔታትን ይሕሪ ምትን ሾፍ
touching your eyes, nose and mouth after	ንዓይንቸም ኣፍን ፴፟ ፟፟ውን ኣፍትምን ብፃትንካፍ ከተ ን ጽሕዎ
contact with contaminated objects and surfaces.	ት ፟፝፝፝፞፞፞፝፞፞፝፞፞፝፞፞፞ኯ፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟
You MUST still continue to follow any local	ንስቸምንና ኣብከባቢቸምንዘሎዝቹን ይቸን ቀይድታት ብንዲ
restrictions and:	ክትክተሉኣለከምከምናውን፡
 practise social distancing 	• ሜብሪዊርሕቀትተሰኞም
 wear a face covering 	•
 wash your hands regularly 	• ኣሕዳውነ ብስሩዕ ተዛጸብ
 open windows to let in fresh air 	 ጽሩይኣየር ንኝህሎጣዥቲ ማችፋት
follow the current guidance at	•
www.nidirect.gov.uk/coronavirus	www.nidirect.gov.uk/coronavirus
Vaccination, helping to protect those most	ኪቃበት፣ <i>ነ</i> ቶምዲጉ <mark>ዮም</mark> ዛነ ቀፍቲ ን ንኮ ልቫል ይሕግተ።
vulnerable.	
If you need more information on the COVID-19	ብዘዕባ ክታብት ኮቪድ19 ተወጎኺ ብሬታ እንተደሊኻ
vaccination please visit:	<i>ብ</i> ኽ(ሂ ዝነም በጽሐና ብ
www.nidirect.gov.uk/covid-vaccine	www.nidirect.gov.uk/covid-vaccine
Information correct at time of publication. For	አብእዋን እት ዛ ሕጣት ብገሬታቅኑዕ ኣለ ። ናይገዙሓደሰ ክፍሊ
the latest version of this leaflet and alternative	ናይዛ ወረኞት ከምሉውን ኣሜዲታት ንምሮካብናብሚበብብሬታ
formats visit the PHA website	PHA ደባጽሑ www.publichealth.hscni.net
www.publichealth.hscni.net	
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