



Swallow
Aware

BE SAFETY AWARE WITH FOOD AND DRINK

Did you know that many people here have difficulties eating, drinking and swallowing and need to avoid some foods and drinks?



What are the risks? • Choking • Death

How can you help?



Don't leave food where other people could take it.



Always check with staff that any food or drinks you offer or bring in are safe.



Don't share your food and drinks with other people.

Be careful! Be aware! Keep everyone safe!