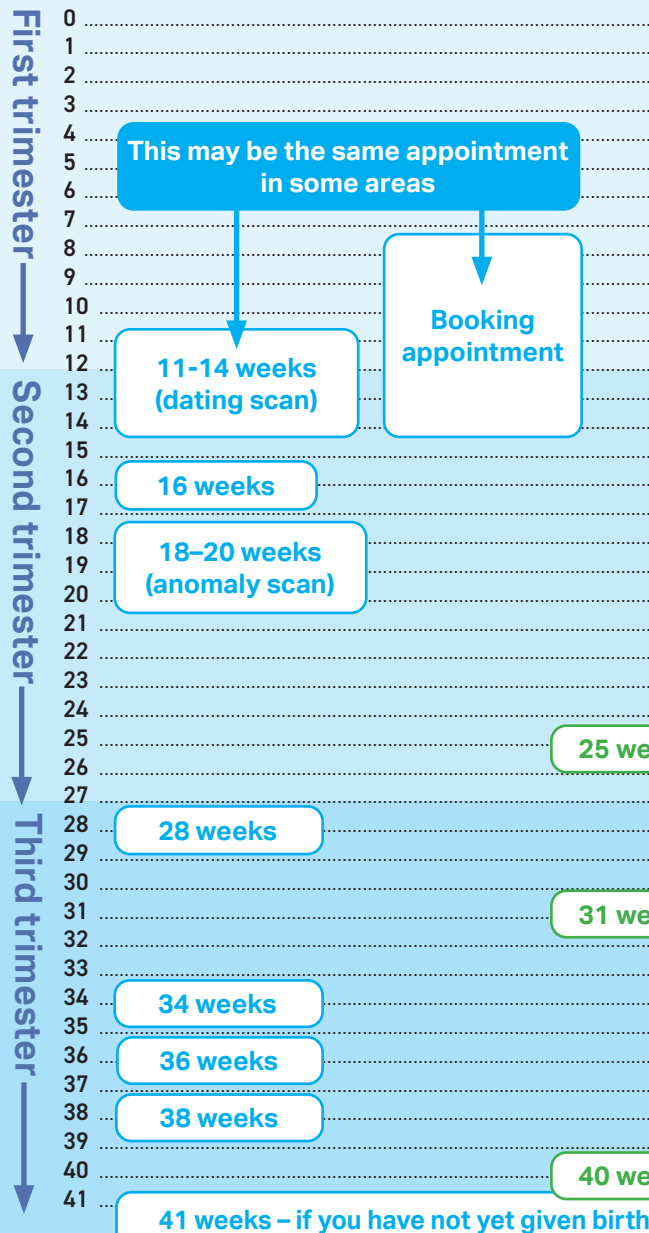


Schedule of antenatal appointments and recommended vaccinations

Antenatal appointments



Information on health and wellbeing through your pregnancy

pha.site/Pregnancybook



Whooping cough (pertussis) vaccination (between 16 and 32 weeks)

To provide adequate protection whooping cough (pertussis) vaccination is recommended from week 16 to week 32.

pha.site/whooping-cough



Recommended vaccinations

Influenza vaccination (throughout pregnancy)

Influenza (flu) vaccination recommended for all pregnant women during every flu season. The flu vaccine becomes available around **early October** and if you are pregnant you should get vaccinated so that you and your baby are protected. If your pregnancy spans across two winters, it is important to come for revaccination as the flu vaccine is specific to the strains circulating each season.

pha.site/flupregnancyleaflet



COVID-19 vaccination (throughout pregnancy)

Those who are pregnant may also be eligible for COVID-19 vaccination **during specific campaign periods**. The COVID-19 vaccine is strongly recommended for pregnant and breastfeeding women by the Royal College of Obstetricians and Gynaecologists and the Royal College of Midwives. These vaccines are the safest and most effective way to protect you and your baby.

pha.site/covid-19-autumn-booster



*Additional appointments for first pregnancy only