

# Recognising pressure ulcers

**Warning: This leaflet contains graphic pictures of pressure ulcers.**

Some of these wounds are on personal areas such as the sacrum and buttocks.

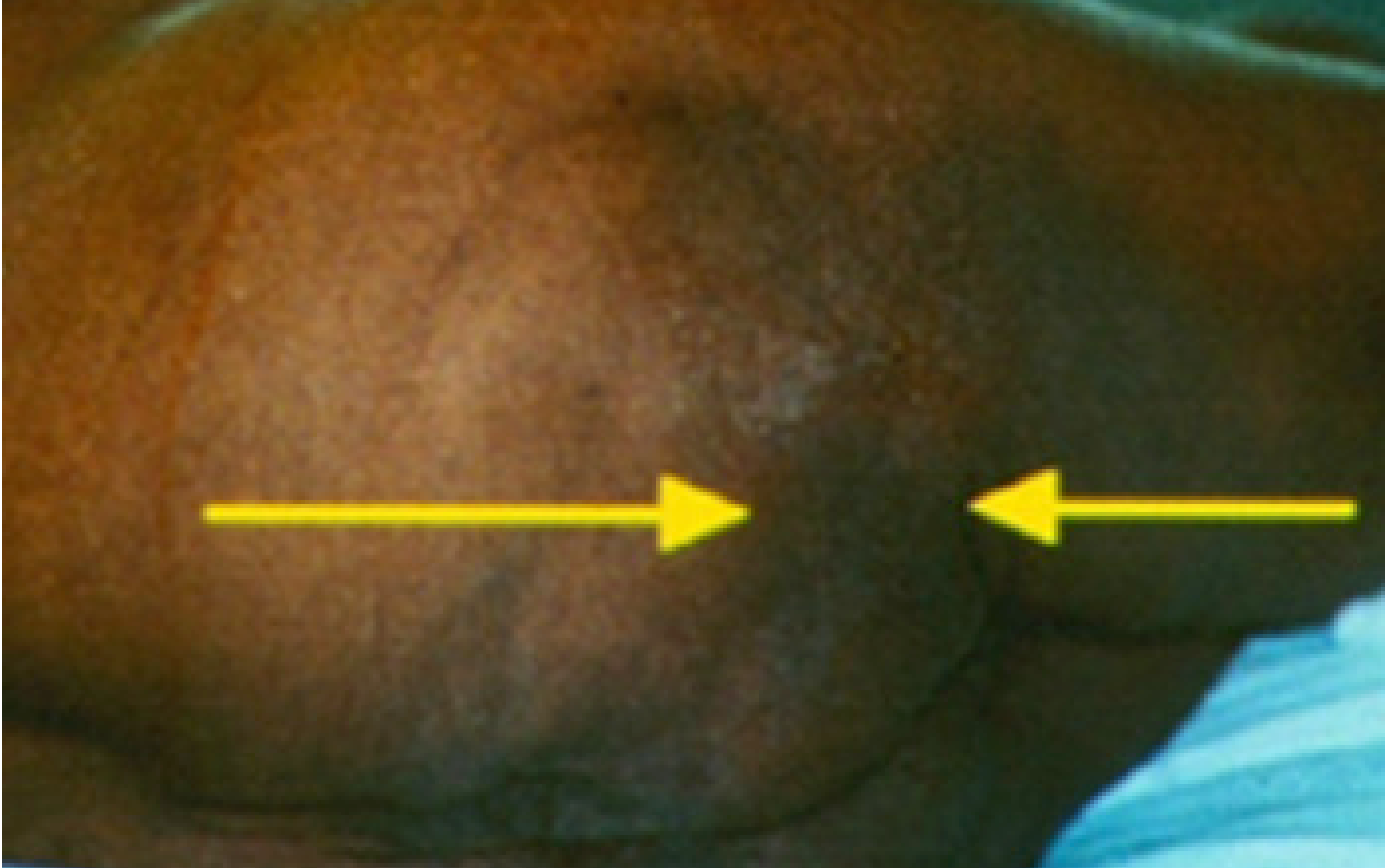
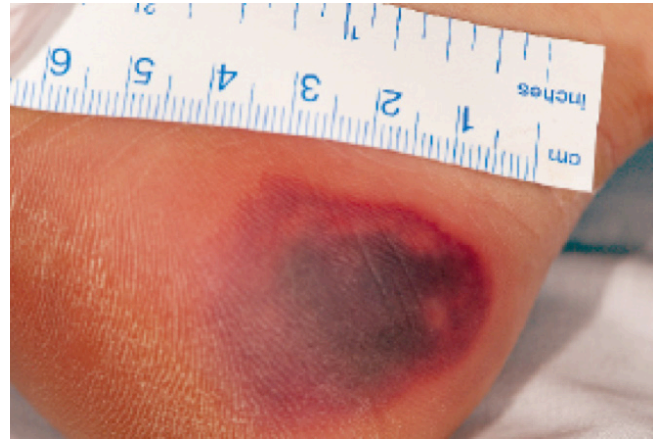
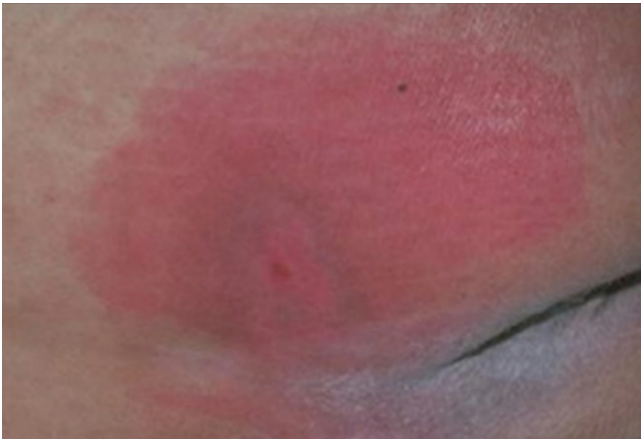
These are included to show you that pressure ulcers can present in a number of ways and to encourage you to seek help if you notice any skin breaks or discolouration.



Health and  
Social Care

## Pressure ulcers

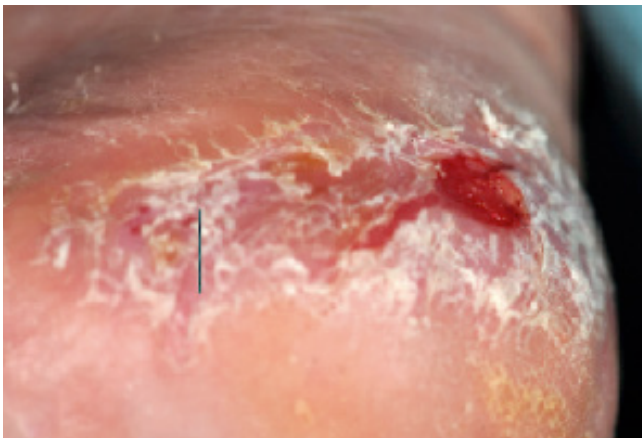
**Pressure ulcers** can present as discoloured skin. The colour change can be very subtle, especially in people with a dark skin tone.



## Superficial pressure ulcers

**Superficial pressure ulcers** can present in two different ways:

- a superficial wound;
- a clear, fluid filled blister.



## Deep pressure ulcers

**Deep pressure ulcers** can present in a number of ways. This might include:

- a blood-filled blister;
- a wound with black or yellow tissue;
- a deep cavity.

Sometimes bones, muscles or tendons can be seen or felt.



Consent has been given to use all images in this document.



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