

# Northern Ireland Self-harm Registry data, 2022/23



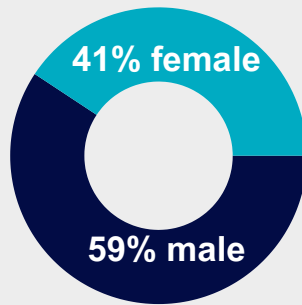
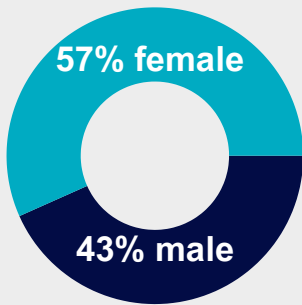
# 14,494

attendances at Emergency Departments  
for self-harm and / or ideation\*

**HSC** Health and  
Social Care

8,025 self-harm  
presentations

6,469 ideation  
presentations



**1 in 5**

people had a repeat  
attendance  
in 2022/23



**2%**

of all  
ED hospital  
attendances

**6%**

attendances left ED  
before seen  
by a  
clinician

**4%**

attendances were by  
people experiencing  
homelessness

**20%**

admitted to  
general hospital

**9%**

attendances were  
under 18  
years old

## Self-harm

Self-harm rate is **298** per 100,000 population

Female rate highest  
among 15 to 19  
year olds



Male rate highest  
among 25 to 29  
year olds



Alcohol involved in **39%**  
of self-harm attendances



Peak time of attendance is **9pm**

## Ideation

Ideation rate is **246** per 100,000 population

Female rate highest  
among 20 to 24  
year olds



Male rate highest  
among 20 to 24  
year olds



Alcohol involved in **36%**  
of ideation attendances



Peak time of attendance is **6pm**

## Help and Support

- If you are affected by these issues speak to your GP who can arrange appropriate referrals.
- If you or someone else is in immediate danger of suicide or you require urgent medical attention, please call **999** or attend a hospital emergency department.
- Lifeline is Northern Ireland's crisis response helpline. Call **0808 808 8000** for free 24 hours a day, 7 days a week. Interpreter and accessibility support is available, visit [www.lifelinehelpline.info](http://www.lifelinehelpline.info)
- For information on support services visit [www.mindingyourhead.info](http://www.mindingyourhead.info)



Most recent published annual report available at :  
<https://www.publichealth.hscni.net/self-harm-registry>