

Northern Ireland Self-harm Registry data, 2023/24



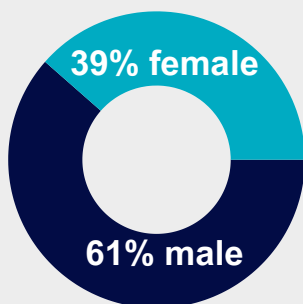
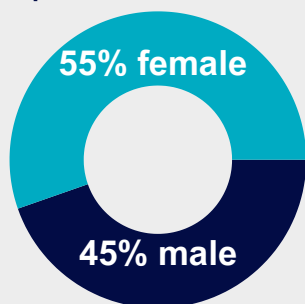
13,575

attendances at Emergency Departments
for self-harm and / or ideation*

HSC Health and
Social Care

7,071 self-harm
presentations

6,504 ideation
presentations



1 in 5

people had a repeat
attendance
in 2023/24



2%
of all
ED hospital
attendances

6%
attendances left ED
before seen
by a
clinician

6%
attendances were by
people experiencing
homelessness

17%
admitted to
general hospital

9%
attendances were
under 18
years old

Self-harm

Self-harm rate is **275** per 100,000 population

Female rate highest
among 15 to 19
year olds



Male rate highest
among 25 to 29
year olds



Alcohol involved in **38%**
of self-harm attendances



Peak time of attendance is **11pm**

Ideation

Ideation rate is **243** per 100,000 population

Female rate highest
among 20 to 24
year olds



Male rate highest
among 25 to 29
year olds



Alcohol involved in **35%**
of ideation attendances



Peak time of attendance is **6pm**

Help and Support

- If you are affected by these issues speak to your GP who can arrange appropriate referrals.
- If you or someone else is in immediate danger of suicide or you require urgent medical attention, please call **999** or attend a hospital emergency department.
- Lifeline is Northern Ireland's crisis response helpline. Call **0808 808 8000** for free 24 hours a day, 7 days a week. Interpreter and accessibility support is available, visit www.lifelinehelpline.info
- For information on support services visit www.mindingyourhead.info



Most recent published annual report available at :
<https://www.publichealth.hscni.net/self-harm-registry>