

Help protect yourself from meningitis

Meningitis and septicaemia can cause serious illness, often without warning. If eligible, you could get a free MenB vaccine to help protect you from the dangers of meningococcal group B disease. You are eligible if you:

- were born between 2 July 2007 and 1 July 2008
- are starting as an undergraduate at university for the first time in autumn 2026 (and were born on or after 21 July 2001)
- will be living in further education accommodation or student halls for the first time in autumn 2026 (and were born on or after 21 July 2001)

You will need 2 doses for full protection.

Scan the QR code or follow the link to check if you're eligible and find out where to get vaccinated.



www.nidirect.gov.uk/menb-vaccine

