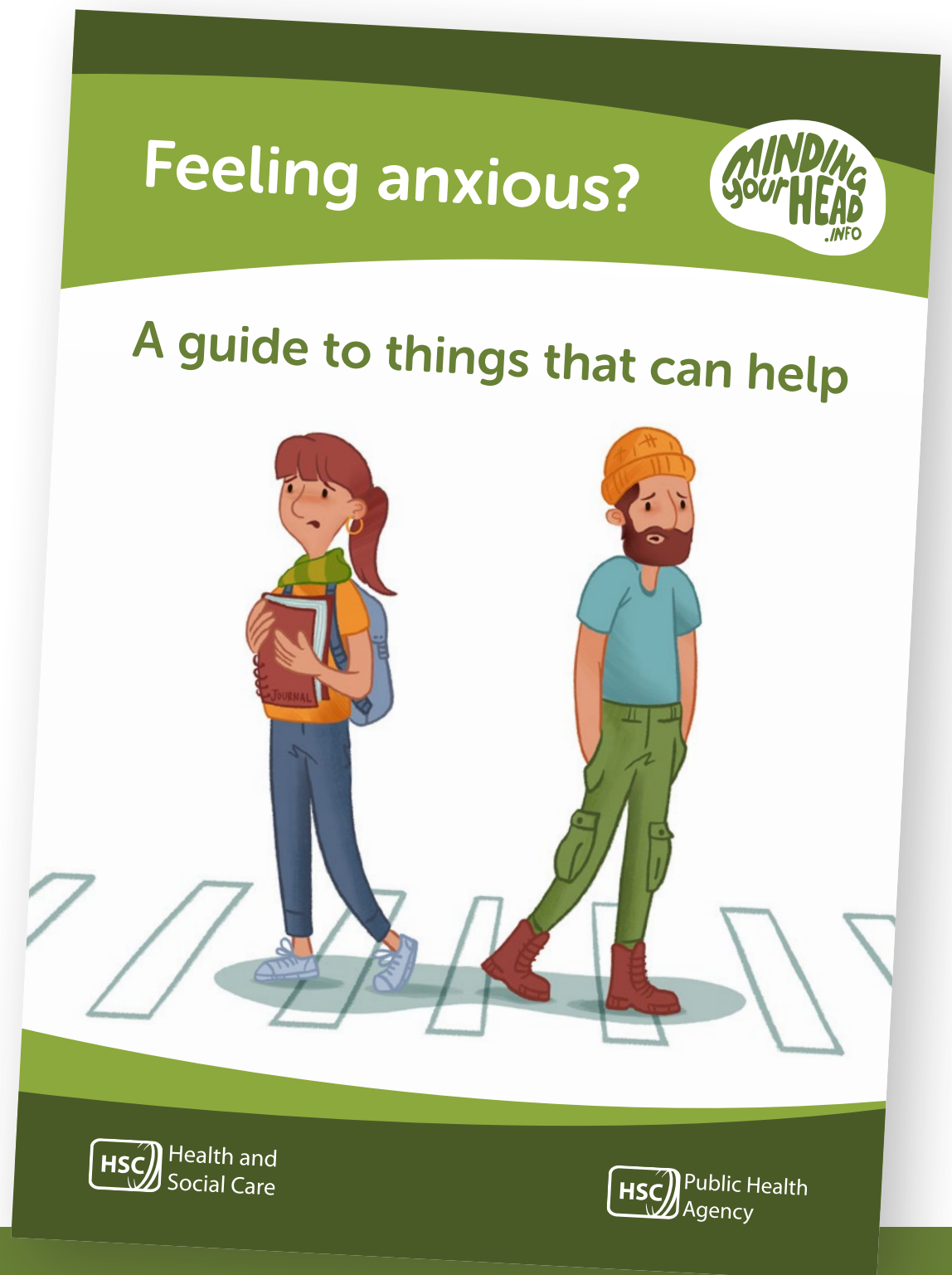


Feeling anxious?



There are things you can try that might help



Find out more at:

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