

You don't
need to use
a stamp but
doing so helps
save our
funds

FREEPOST RUGY-REAK-HCTR
NHS Blood and Transplant
NHS Organ Donor Register
500 North Bristol Park
Filton
Bristol
BS34 7QH

What you can choose to donate:

- All organs and tissues
- Specific organs: kidneys, heart, liver, lungs, pancreas, small bowel

Tissue:

- Corneas to restore sight
- Heart valves

60%

of people in Northern Ireland
have registered their organ
donation decision

Healthcare professionals have a duty of care to try everything possible to save your life first. Only if, despite all efforts, you die in circumstances where donation is possible, will this be considered and the NHS Organ Donor Register checked.

Your faith and beliefs will always be respected throughout the donation process. Specialist nurses take a personalised approach to ensure donation happens in line with your values. It can be helpful to know that all major religions support organ donation as an individual choice.

Tear here

Share your decision - start the conversation

Signing the register is the first step. The conversation with loved ones is equally important.

Tips for talking to your loved ones:

- Let them know you've registered your decision and what it is
- Share how you reached your decision
- Explain how organ donation can save lives
- Ask if they've considered donation too

Remember, this conversation works both ways - find out what your family members want too. When everyone knows each other's decision, it removes uncertainty during a difficult time.

90%

people in Northern Ireland
support organ donation

Take action today:

1. Register your decision
2. Tell your family and friends
3. Ask them about their decision
4. Help spread the word

Your decision to become an organ donor - and to talk about it - could be the gift that saves lives. Every conversation matters. Every registration counts. Every donor is precious.



YOU COULD BE A LIFESAVER

Save lives through organ donation
Your decision matters, **make it count**

Go to organdonationni.info
or call **0300 123 23 23**

The life-saving power of organ donation

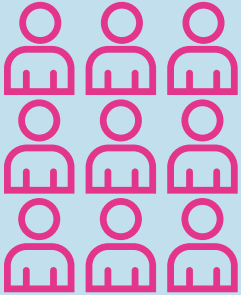
Every day across Northern Ireland, people are waiting for the gift of life. Organ donation is one of the most generous acts anyone can make - a decision that transforms tragedy into hope and gives families the comfort of knowing something positive came from their loss.

Unfortunately, more people than ever are waiting for a life-saving transplant due to a shortage of donated organs, and each year in Northern Ireland, sadly **10-15 people die** while waiting for the gift of life.

To donate organs after death, a person needs to die in hospital in specific circumstances. This applies to **only 1 in every 100** people, meaning every donor is precious, and every decision matters.

Whether you're 16 or 60, your age and health condition don't automatically rule you out as a donor. Medical professionals will determine if your organs are suitable at the time – what matters most is your decision.

1 Donor can save up to 9 lives and even more through tissue donation



Living donation

You can donate a kidney or part of your liver while you are still alive to a relative, friend or someone you do not know.

The most commonly donated organ by a living person is a kidney. A healthy person can lead a

normal life with only one functioning kidney. Part of a liver can also be transplanted from a living donor.

If you would like more information on becoming a living kidney donor visit www.donatelife.co.uk.

Why family conversations matter

If you want to be an organ donor, your family need to know. That is because they will always be consulted should organ donation be a possibility, even if you're registered as a donor. This isn't just a formality - it's about respect, consideration for their loss, and ensuring they have the most current information about your wishes.

Having that conversation might feel awkward at first, but it's one of the most important things you can do for your loved ones. When they know your decision, they can support it with confidence during what would already be an incredibly difficult time.

You're not just potentially saving lives through donation - you're also helping your family navigate one of life's most challenging moments with certainty about what you wanted.

90% of families support organ donation when they know their loved ones' decision, when they're unsure this drops to just 50%



Understanding Dáithí's Law

Northern Ireland's organ donation law has changed to an opt-out system, known as 'Dáithí's Law'. This means that unless you choose to opt out, you'll be considered as a potential organ donor if you die in circumstances where donation is possible.

- What this means for you:
- You still have complete choice over whether to donate or not
 - You can opt-in, opt-out, or amend your decision at any time
 - Your family will still be consulted and asked to support your decision
 - Your faith and beliefs will always be respected

Your medical care remains unchanged.

Making your decision count

Ready to make a difference? Signing the NHS Organ Donor Register is quick, easy, and could be the most important thing you do today. It is the best way to leave loved ones certain of your decision.

The NHS Organ Donor Register is a confidential, secure database that holds your donation decision.

Anyone aged 14 and over can sign the register, and parents can register children.

- How to register:
- Online** - it takes just 2 minutes at www.organdonationni.info
 - Phone** - call **0300 123 23 23**
 - Post** - fill in the attached form and return it by freepost

Please register my details on the NHS Organ Donor Register
Please complete in CAPITAL LETTERS using a black ballpoint pen.
*Indicates that a field must be completed.

My name and address

Title	First name*
Last name*	
Date of birth*	
Address*	
Postcode*	
Telephone	
Mobile	
Email	

My wishes

I want to donate: (Please tick the boxes that apply)
A. any of my organs and tissue ☐ or
B. my kidneys ☐ heart ☐ liver ☐ small bowel ☐ eyes ☐
lungs ☐ pancreas ☐ tissue ☐
for transplantation after my death.

Signature

Date

Please tick here if you would like to receive future information about blood, organ and tissue donation from NHS Blood and Transplant. ☐

My ethnic origin

There's a better chance of getting a closer match and a successful transplant if the donor and recipient are from the same ethnic group. Please tick the ethnic group which best describes you.

- White:** British ☐ Irish ☐ Other ☐
Mixed: White/Black Caribbean ☐ White/Asian ☐
White/Black African ☐ Other ☐
Asian or Asian British: Chinese ☐ Indian ☐ Pakistani ☐
Bangladeshi ☐ Other ☐
Black or Black British: Caribbean ☐ African ☐ Other ☐
Other ethnic categories: Chinese ☐ Other ☐
Not stated: ☐

Data Protection Assurance. Completion of this form is for the purpose of recording your wishes to become an organ donor. All information provided to NHS Blood and Transplant is used in accordance with the General Data Protection Regulation and all other relevant privacy and data protection laws. More information on how we look after your personal details can be found at nhsbt.nhs.uk or by calling 0300 123 23 23. If you wish to amend or withdraw your record from the NHS Organ Donor Register you can do so by calling the Organ Donor Line on 0300 123 23 23, visiting organdonation.nhs.uk or writing to us at the address overleaf.