## I would like to be added to the Trust Carers Information List (Please print) Title: Name: Address: ..... Post Code: ..... Email: Telephone: ..... Date of Birth: Ethnic Background: ..... (eq Chinese, Polish, Lithuanian) If you need an interpreter can you please indicate your preferred language: We collect this information about your ethnic background to enable us to communicate with you effectively, in line with current data protection legislation.

Signature: .....

#### Your local Carer Worker is:



Belfast Health and Social Care Trust

Margaret McDonald Glen Villa, Knockbracken Healthcare Park, Saintfield Road, Belfast, BT8 8BH Tel: 028 95046702 margaret.mcdonald@belfasttrust.hscni.net

HSC Northern Health and Social Care Trust

Anne Cummings Route Complex, 8E Coleraine Road, Ballymoney, BT53 6BP Tel: 028 2766 1392 Anne.Cummings@northerntrust.hscni.net



South Eastern Health and Social Care Trust

Joan Scott Ballynahinch Community Services, 45-47 Main Street, Ballynahinch, BT24 8DN Tel: 028 97565456 Joan.Scott@setrust.hscni.net



Southern Health and Social Care Trust

Patricia McCrink Promoting Wellbeing Team, John Mitchel Place, Newry, BT34 2BU Tel: 028 30834252 Patricia.McCrink@southerntrust.hscni.net



Western Health and Social Care Trust

Cathy Magowan 2 Coleshill Road. Enniskillen, BT74 5PU Tel: 028 6634 4000 Cathy.Magowan@westerntrust.hscni.net

This initiative has been supported by the Public Health Agency in partnership with the five Health & Social Care Trusts, Barnardos, Carers Matter and the Carers Trust



## Do you look after someone?

(family member / neighbour / friend)

And are you from a black or minority ethnic background?

If you are, we want to hear from you

# You are a carer if you are providing help and support, on a regular basis.

- to an adult or child who has a disability or illness or
- someone who may be frail due to old age

Carers can be people of all ages including children, young people and parent carers of children with a disability or special needs.

Carers can help out in a number of practical ways, such as assisting someone with dressing, bathing, medication and transport. Some carers help by watching over someone to make sure they are safe.

## Why do we want to hear from you

- To help identify your needs as a carer
- To support you in your caring role
- To link you into support services and other organisations

#### **Carer Information List**

### How we will use your information

- We will link you into local Trust and carer support services
- We will send you information about carer support and relevant issues to your particular caring role
- Your information will be treated confidentially and not shared with other organisations without your permission
- We will add your contact details to our Carer Information List. If your contact details change please let us know
- If at any time you no longer wish to part of the Carers Information List please contact your local Carer worker and they will remove your name from their list
- If you are happy with how we will use your information please complete and sign the tear-off slip over-leaf and return to your local Carer worker

### How we can support you

Each Trust has a worker who is a point of contact for carers. They can tell you about local carer support including:

- Information
- Breaks from caring
- Carer training
- Carer assessments

#### and

 Put you in touch with Trust services and other organisations

If you require an interpreting service we can organise this free of charge.

