

Useful contacts



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Useful contacts

The organisations listed will be able to provide information or support to your school.

Statutory organisations

Public Health Agency

The PHA provides information and resources to support those working in the areas of health promotion and public health, as well as interested members of the public.

Public Health Agency

Ormeau Avenue Unit

18 Ormeau Avenue

Belfast

BT2 8HS

Tel: 028 9031 1611

www.publichealth.hscni.net

Food Standards Agency Northern Ireland

The FSA offers advice on food safety issues and diet and nutrition as well as providing a wide range of resources.

10 A–C Clarendon Road

Belfast

BT1 3BG

Tel: 028 9041 7700

www.food.gov.uk/northernireland

www.eatwell.gov.uk

Safefood

An all-island food safety promotion board established under the terms of the Good Friday Agreement, Safefood provides resources on nutrition, and food safety issues looking at lunchboxes, superfoods, food labelling and food hygiene.

Cork Headquarters

7 Eastgate Avenue, Eastgate

Little Island

Co Cork

Northern Ireland Helpdesk: 0800 085 1683

www.safefood.eu

Catering managers and advisers

Catering Manager

Belfast Education and Library Board
40 Academy Street
Belfast
BT1 2NQ
Tel: 028 9056 4000 Ext 4079

Catering Manager

North Eastern Education and Library Board
Antrim Board centre
17 Lough Road
Antrim
BT41 4DH
Tel: 028 9448 2200

Catering Manager

Southern Education and Library Board
3 Charlemont Place
Armagh
BT61 9AX
Tel: 028 3751 2364

Catering Manager

South Eastern Education and Library Board
Grahamsbridge Road
Dundonald
Belfast
BT16 0HS
Tel: 028 9056 6559

Catering Manager

Western Education and Library Board
1 Hospital Road
Omagh
BT79 0AW
Tel: 028 8241 1557

Department of Education Catering Adviser

Rathgael House
Balloo Road
Bangor
BT19 7PR
Tel: 028 9127 9442

Central health promotion resource services

The health and social care trusts operate health promotion services for professionals and members of the public, as well as library services for professionals working in health and health promotion.

The services provide advice and resources on health promotion in key areas such as tobacco, nutrition, drugs, alcohol, physical activity and sexual health. They include the provision of reports, books, videos, CD-ROMs and resource packs, which can be borrowed.

Belfast Health and Social Care Trust

Eastern Area Health Promotion
Communication, Resource and Information Service
Champion House
12–22 Linenhall Street, Belfast
BT2 8BS

Tel: 028 9032 1313
Email: info@eahealthpro.org
www.eahealthpro.org

The Belfast Health and Social Care Trust is also the contact for publications in the South Eastern Health and Social Care Trust area.

Northern Health and Social Care Trust

Health Improvement
Spruce House
Cushendall Road, Ballymena
BT43 6HL

Tel: 028 2563 5575
Email: health.promotion2@northerntrust.hscni.net

Southern Health and Social Care Trust

Promoting Well Being Team
St Luke's Hospital
71 Loughgall Road, Armagh
BT61 7NQ

Tel: 028 3741 2424
Email: health.promotion@southerntrust.hscni.net
www.goodhealthinfo.org.uk

Western Health and Social Care Trust

Health Promotion Department
Resources and Graphics Centre
The Hub
12c Gransha Park, Londonderry
BT47 6WJ

Tel: 028 7186 5221
Email: patricia.concannon@westerntrust.hscni.net

This health promotion department, in partnership with the Western Education and Library Board and the local environmental health service, coordinates a health promoting school award that encourages schools to address health and wellbeing.

Health action zones

Armagh and Dungannon Health Action Zone

26 Dungannon Street
Moy
Co. Tyrone
BT71 7SH
Tel: 028 8778 9531
www.adhaz.org.uk

North and West Belfast Health Action Zone

5th Floor
16 College Street
Belfast
BT1 6BT
Tel: 028 9023 7026
www.haz-nwbelfast.org.uk

This HAZ coordinates a nutrition in schools advisory group that provides resources for the Belfast Health and Social Care Trust. This includes the 'Catch pack' resource for teaching nutrition in primary schools.

Northern Neighbourhoods Health Action Zone

The Chalet
County Hall
182 Galgorm Road
Ballymena
BT42 1QB
Tel: 028 2531 1212
www.nnhaz.co.uk

This HAZ coordinates a healthy break scheme for its area and provides a range of resources for teachers, pupils and parents.

Western Health Action Zone

Unit 13
Strabane Enterprise Agency Orchard Road
Industrial Estate
Strabane
BT82 9FR
Tel: 028 7188 0221
www.westernhaz.org

Oral health promotion departments

All of the community dental teams in Northern Ireland promote healthy break schemes in primary schools along with other oral health initiatives. Please contact the individual department for more information.

**Senior Health Promotion Officer
(Dental), Eastern Health and Social
Services Board**

Champion House
12–22 Linenhall Street
Belfast
BT2 8BS

Tel: 028 9032 1313

**Senior Health Promotion Officer
(Dental), Northern Health and Social
Care Trust**

Braid Valley Hospital Community Dental
Service
Spruce House
Cushendall Road
Ballymena
BT43 6HL

Tel: 028 2564 0846

**Senior Health Promotion Officer,
Southern Health and Social Care Trust**

John Mitchel Place
Newry
BT34 2BU

Tel: 028 3083 4251

**Health Promotion Officer for Oral
Health, Western Health and Social Care
Trust**

12C Gransha Park
Clooney Road
Londonderry
BT47 6WJ

Tel: 028 7186 5127

Community dietitians

Many dietetic departments provide a range of resources and initiatives to promote healthy eating in schools. Please contact individual departments for further information.

Belfast Health and Social Care Trust, and South Eastern Health and Social Care Trust

Nutrition and Dietetic Service
Admin Buildings
Forster Green Hospital
Saintfield Road
Belfast
BT8 4HD

Tel: 028 9032 1313

Northern Health and Social Care Trust

Whiteabbey Hospital
95 Doagh Road
Newtownabbey
BT37 9RH

Tel: 028 9055 2291

Southern Health and Social Care Trust

Ace Team
Pinewood Villa, Longstone Hospital
Loughgall Road
Armagh
BT61 7PR

Tel: 028 3741 2830

Western Health and Social Care Trust

Northern Sector

Nutrition and Dietetic Department
Altnagelvin Area Hospital
Glenshane Road
Londonderry
BT47 6SB

Tel: 028 7134 5171 Ext 3417

Southern Sector

Nutrition and Dietetic Department
Riverside House
Diabetes Centre
Tyrone County Hospital
Omagh
BT79 0AP

Tel: 028 8283 3582

City, borough and district councils

Local councils, and in particular their environmental health departments, can provide you with information and advice on certain aspects of workplace health.

A full list of the councils and contact details can be found at www.nics.gov.uk

Antrim Borough Council
028 9446 3113

Ards Borough Council
028 9182 4000

Armagh City and District Council
028 3752 9600

Ballymena Borough Council
028 2566 0300

Ballymoney Borough Council
028 2766 0200

Banbridge District Council
028 4066 0600

Belfast City Council
0800 707 6965

Carrickfergus Borough Council
028 9335 1604/5

Castlereagh Borough Council
028 9049 4500

Coleraine Borough Council
028 7034 7034

Cookstown District Council
028 8676 2205

Craigavon Borough Council
028 3831 2400

Derry City Council
028 7136 5151

Down District Council
028 4461 0800

Dungannon and South Tyrone Borough Council
028 8772 0300

Fermanagh District Council
028 6632 5050

Larne Borough Council
028 2827 2313

Limavady Borough Council
028 7772 2226

Lisburn City Council
028 9250 9250

Magherafelt District Council
028 7939 7979

Moyle District Council
028 2076 2225

Newry and Mourne District Council
028 3031 3031

Newtownabbey Borough Council
028 9034 0160

North Down Borough Council
028 9127 0371

Omagh District Council
028 8224 5321

Strabane District Council
028 7138 2204

Voluntary and industry funded organisations

Action Cancer

Marlborough Park
Belfast
BT9 6XS

Tel: 028 9080 3344

Email: info@actioncancer.org

www.actioncancer.org

Action Cancer offers a health promotion programme to both primary and post-primary schools. In primary schools talks are provided through a puppet show called Wally and Wise that raises issues about physical activity, sun awareness and the dangers of smoking. The Health Action Programme is delivered in post-primary schools, providing five sessions on smoking, alcohol, healthy eating and exercise which include two practical activity sessions of cardio box and dancercise.

British Heart Foundation Northern Ireland

Admail 3987

Belfast

BT1 1TG

Tel: 0845 130 8663

Publications orderline: 0870 600 6506

www.bhf.org.uk

Provides a range of resources and curriculum links for a healthy lifestyle.

British Nutrition Foundation

High Holborn House
52–54 High Holborn
London
WC1V 6RQ

Tel: 020 7404 6504

Email: postbox@nutrition.org.uk

www.nutrition.org.uk

www.foodafactoflife.org.uk

The British Nutrition Foundation provides a range of healthy eating resources for schools.

Dairy Council for Northern Ireland

Shaftesbury House
Edgewater Business Park
Edgewater Road
Belfast
BT3 9JQ

Tel: 028 9078 1224

www.dairycouncil.co.uk

The Dairy Council provides factsheets, resources and CD Roms for use in the classroom and in conjunction with CCEA organises the Young Cook of the Year Award. It also provides a 'Food and fitness' presentation and resources for Key stage 1 and 2.

Livestock and Meat Commission for Northern Ireland

Lissie House
31 Ballinderry Road
Lisburn
BT28 2SL

Tel: 028 9263 3000

www.lmcni.com

The LMC offers beef and lamb cookery demonstrations in post-primary schools throughout Northern Ireland. A website has been produced in coordination with home economics teachers to target Key stage 3 and 4 pupils on nutrition through the life stages. See www.food4life.org.uk

Northern Ireland Chest Heart and Stroke

21 Dublin Road
Belfast
BT2 7HB

Tel: 028 9032 0184

www.nichsa.com

NICHSA provides a range of leaflets, factsheets and initiatives that promote the prevention of and alleviate the suffering resulting from chest, heart and stroke illness.

Northern Ireland Water

Northland House
3 Frederick Street
Belfast
BT1 2ND

Tel: 028 9035 4716

www.niwater.com

The education department at Northern Ireland Water offers classroom programmes tailored towards the curriculum. Visits to its two education centres can also be arranged.

Ulster Cancer Foundation

40–44 Eglantine Avenue
Belfast
BT9 6DX

Tel: 028 9066 3281

Email: info@ulstercancer.org

www.ulstercancer.org

The Ulster Cancer Foundation provides two programmes for primary schools: The Genevieve Project (foundation stage) and The Fit Factor – Join the Fitness Challenge (Key stage 1)

www.genevieveni.net

www.fitfactor.co.uk

This resource was originally developed and produced by the Health Promotion Agency for Northern Ireland as part of the School food: top marks programme. It was jointly funded by the Department of Education and the Department of Health, Social Services and Public Safety.