Preventing Pressure Ulcers – SKIN Bundle

4 Components of Care

1. SURFACE
The support surface used should comply with Trust therapy bed/mattress flow chart.
- Mattress type
- Cushion type
- Is the equipment fit for purpose
- Reassess risk assessment weekly applied and documented.

2. KEEP MOVING
- Reposition patient and/or mobilise (as per regime)
- Inspect skin
- Report changes

3. INCONTINENCE
- Toileting assistance – if appropriate.
- Continence products (pads, creams, cleansers etc.) – if appropriate.
- Keep clean and dry.

4. NUTRITION
- Nutrition Risk Tool (MUST) applied and documented.
- Fluid Balance – if appropriate
- Food Chart – if appropriate
- Assistance if required