

E-Learning programme for PEWS Training

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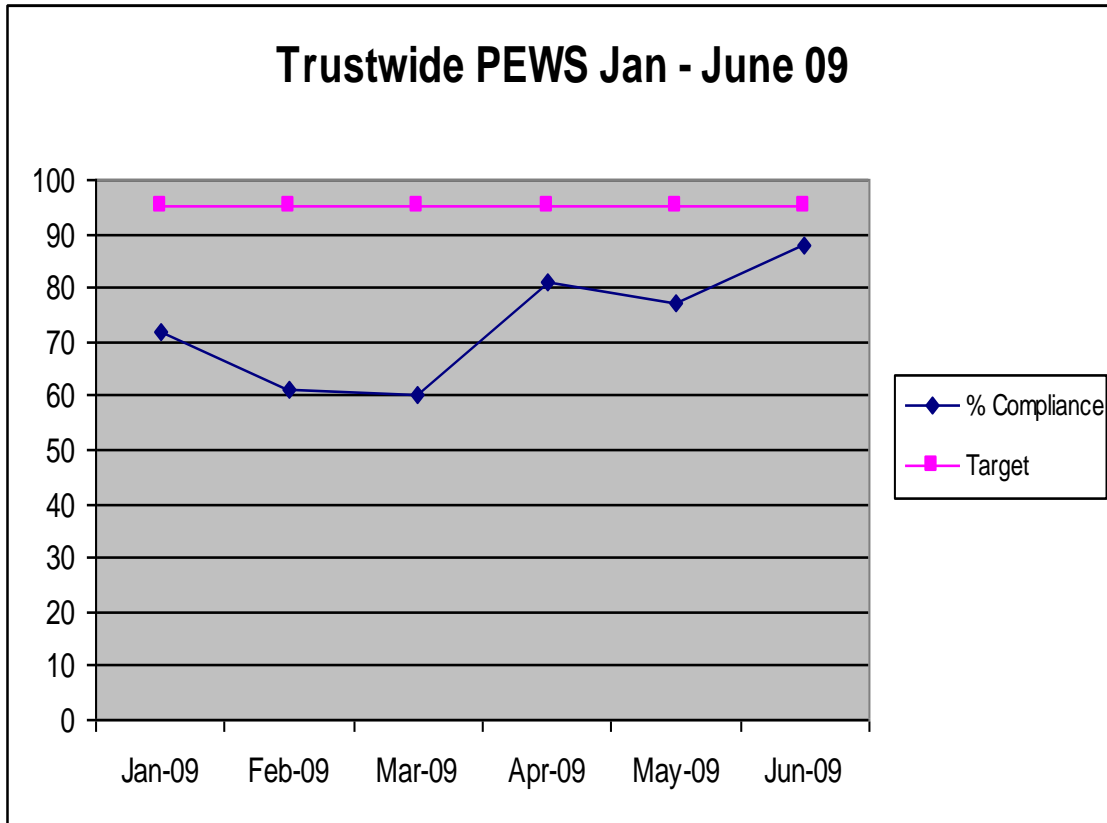
Northern Health
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BACKGROUND

- Northern Trust implemented Early Warning Scoring System June 2008.
- Adopted the CREST Guidelines PEWS.
- Developed a Trust Policy.
- Top-down approach to training staff.



AUDIT RESULTS



- All parameters completed
- All scores added correctly
- Evidence of action from score
- Frequently documented
- Vital signs recorded to Frequency

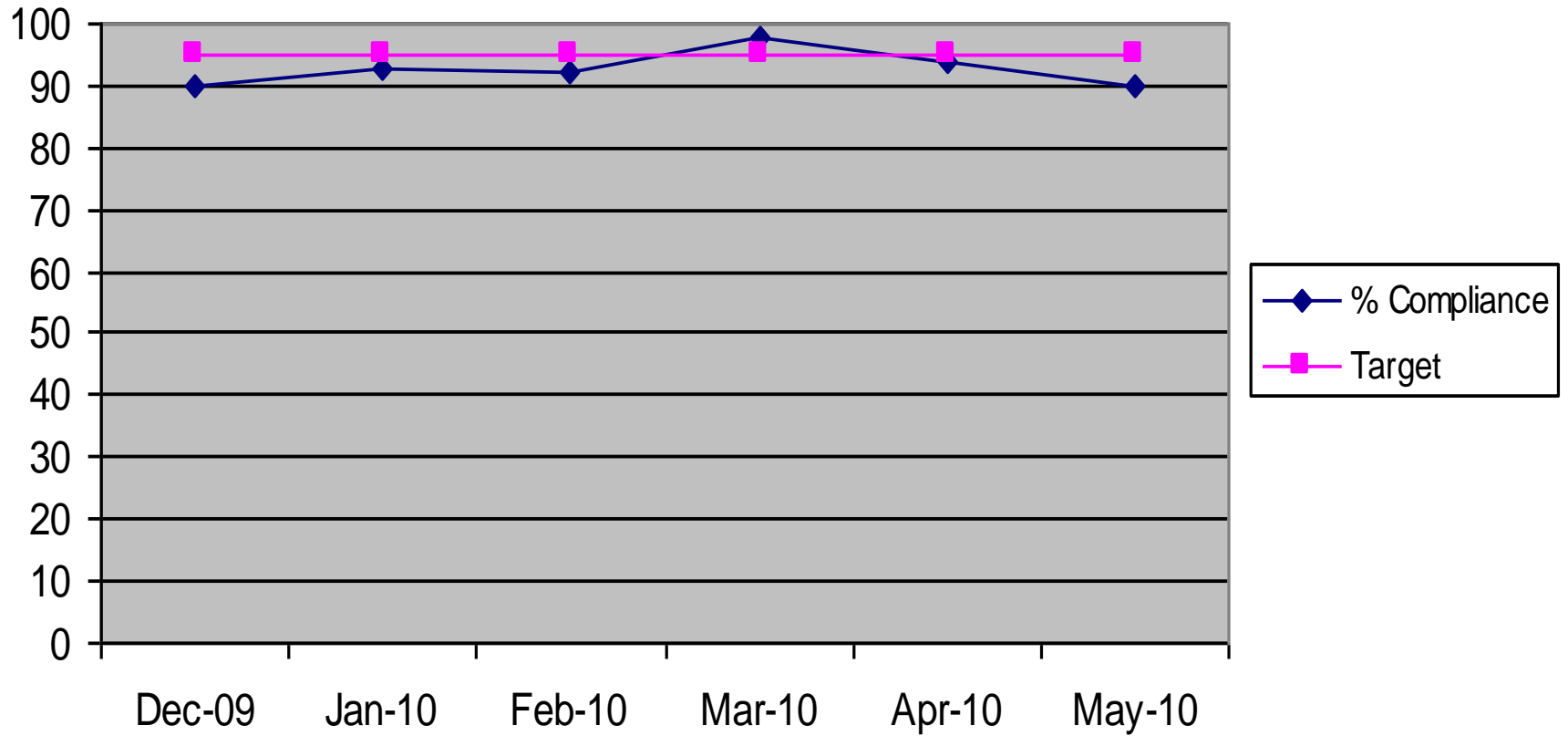


Action Plan

- Review training package, two trainers delivering face to face training.
- Changes made to PEWS chart.
- Policy reviewed.
- Repeat Audits.



Trustwide PEWS Dec 09 - May 10



Refresher Training

- Face-Face training very labour intensive (Ratio 1 trainer to 6 staff).
- Cost of seconding trainers.
- Removes staff from clinical area.
- Audit results over time started to drop slightly again so the need for refresher training was obvious.



E-Learning programme

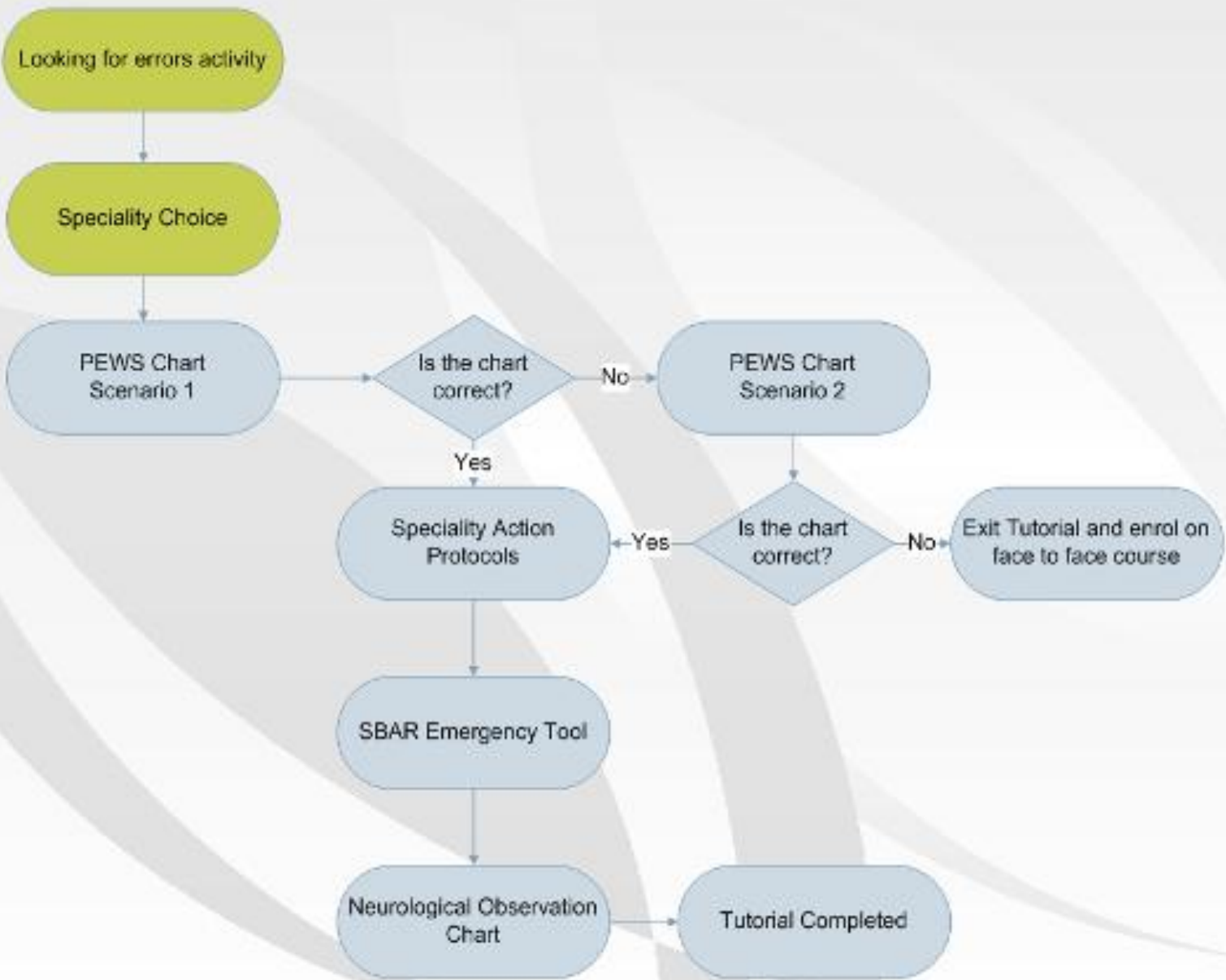
- Small working group set up consisting of the Trusts two Resuscitation Officers and a Medical Consultant who was involved in the development of the CREST guidelines.
- Search for other e-learning PEWS programmes found none available.
- IT expertise sought from the Beeches Management Centre.



Development Process

- The programme needed a mix of both assessment and teaching.
- It needs to be user friendly and accessible to staff both at work and home.
- Have the ability to refer staff who were unsuccessful for face-to-face training.
- Needs to be monitored and reports printed if required.
- Most importantly allow successful staff print off a certificate.





PEWS Assessment

- There will be 6 errors on the PEWS chart to be identified (point and click).
- Failure will lead to second attempt with a different chart.
- Errors are representative of the common mistakes seen in clinical documentation.
- A second failure will result in face-to-face referral. Automatic e-mail to resuscitation officers.



		Date	14/01/10	14/01/10	14/01/10	14/01/10
RespRate (insert number)	Time (24 hrs)		10.00	14.00	14.30	14.45
	3	30+	3	3	3	3
	2	21-30	2	2	2	2
	1	15-20	16	19	20	20
	0	9-14	0	0	0	0
	2	5-8	2	2	2	2
	3	0-4	3	3	3	3
RR-Score			1	1	1	1
SaO2 (insert number)	O2 Code		A	SM	A	
	0	95+	96	95	0	95
	1	90-94	1		94	1
	2	85-89	2	2	2	2
	3	0-84	3	3	3	3
S-Score			0	0	1	0
Pulse/Heart Rate (insert number)	3	140	3	3	3	3
	3	140	3	3	3	3
	3	140	3	3	3	3
	2	120	2	2	2	2
	2	120	2	2	2	110
	1	100	1	1	106	1
	0	100	0	103	0	0
	0	80	0	0	0	0
	0	80	0	0	0	0
	0	60	0	0	0	0
	0	60	0	0	0	0
	1	40	1	1	1	1
	2	40	2	2	2	2
3	40	3	3	3	3	
PR-Score			0	1	1	2
Blood Pressure (mmHg) (insert numbers & score as systolic only)	3	200	3	3	3	3
	2	200	2	2	2	2
	2	200	2	2	2	2
	1	180	1	1	1	1
	1	180	1	1	1	1
	0	160	0	0	0	0
	0	160	0	0	0	0
	0	140	146	0	0	0
	0	140	0	135	130	0
	0	120	0	0	0	128
	0	120	0	0	0	0
	0	100	0	0	0	0
	1	80	1	1	1	1
2	80	78	72	68	2	
3	80	3	3	3	64	
SB-Score			0	0	0	0
Temperature C (insert number)	3	39	3	3	3	3
	2	39	2	2	2	38.6
	1	38	1	1	38.3	1
	0	38	0	0	0	0
	0	37	0	37.4	0	0
	0	37	36.6	0	0	0
	0	36	0	0	0	0
	1	35	1	1	1	1
	1	35	1	1	1	1
	2	34	2	2	2	2
	2	34	2	2	2	2
	3	34	3	3	3	3
	Temp-Score			0	0	1
Alert	A	A	A	A	0	0
Voice	V	1	1	1	V	1
Pain	P	2	2	2	2	2
Unresponsive	U	3	3	3	3	3
AVPU Score				0	0	1
Total Score			1	1	4	6
Time for next observations			14.00	14.30	14.45	15.00
Signature/name			PD	PD	PD	RH E

Examine the chart to the left and identify the six errors by clicking in the boxes beside what you believe are the incorrect entries. Once you think you have located all the errors click on the check button at the bottom to see if you are right.



Specialty choice

- Clinical scenario devised for each speciality.
- Information from scenario used to complete PEWS chart.
- Failure will lead to a second attempt different scenario.
- A second failure will result in referral for face-to-face training.



Respirate (insert number)	Date						
	Time (24 hrs)	...					
	3	30+	3	3	3	3	
	2	21-30	2	2	2	2	
	1	15-20	1	1	1	1	
	0	9-14	0	0	0	0	
	2	5-8	2	2	2	2	
3	0-4	3	3	3	3		
RR-Score							
SaO2 (insert number)	O2 Code						
	0	95+	0	0	0	0	
	1	90-94	1	1	1	1	
	2	85-89	2	2	2	2	
	3	0-84	3	3	3	3	
S-Score							
Pulse/Heart Rate (insert number)	3		3	3	3	3	
	3	140	3	3	3	3	
	2	120	2	2	2	2	
	2	100	2	2	2	2	
	1	100	1	1	1	1	
	0		0	0	0	0	
	0	80	0	0	0	0	
	0	60	0	0	0	0	
	1	40	1	1	1	1	
	2		2	2	2	2	
	3		3	3	3	3	
	PR-Score						
	Blood Pressure (mmHg) (insert numbers & score as systolic only)	3		3	3	3	3
2		200	2	2	2	2	
2		180	2	2	2	2	
1		180	1	1	1	1	
1		180	1	1	1	1	
0		160	0	0	0	0	
0		140	0	0	0	0	
0		120	0	0	0	0	
0		100	0	0	0	0	
1		100	1	1	1	1	
1		80	1	1	1	1	
2			2	2	2	2	
3			3	3	3	3	
SB-Score							

Using the information in the scenario below, complete the chart to the left. When you have completed it click the check button at the bottom to verify your entries and move to the next page.

Codes for recording oxygen delivery device and flow rate

A - Air (not requiring oxygen, weaning or on 'RPN' oxygen)
N - Nasal Cannula
SM - Simple Mask

When entering the time please enter two digits before the dots and two after

Scenario 1

Date: 14th January 2010

Time: 1.15pm

Clinical Setting and History

You are called to see a 26 year old woman just admitted with exacerbation of asthma. She has suddenly developed a severe wheeze, appears distressed and cyanosed.

Additional information

The patient has a long history of admission with asthma and several of these have been to ICU.

Clinical Course

Initial observations: RR=36, SaO2=88% on Air, HR=140bpm, BP=90/60, CRT=4, T=37.5, AVPU=V

The patients wheeze is in extremis and she is starting to tire

High flow oxygenation increases SaO2 to 90%
 Nebulised salbutamol does not offer much relief



SPECIALITY ACTION PROTOCOL

SPECIALTY ACTION PROTOCOL (SAP) FOR PHYSIOLOGICAL EARLY WARNING SYSTEM (PEWS)

The Scoring System and Action Protocol are designed to help identify patient deterioration and ensure appropriate early intervention.

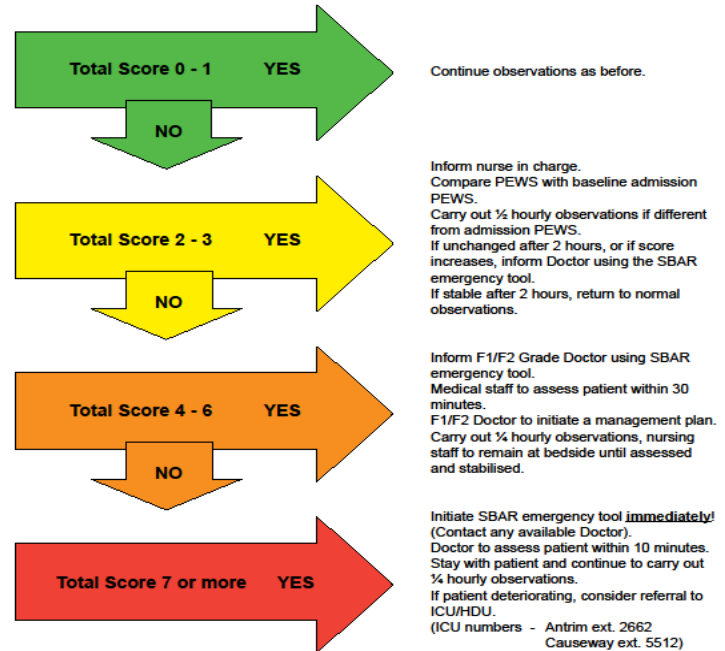
Staff should use their clinical judgement, and seek advice if they have concerns about any patient, regardless of the score. All new admissions should have a minimum of 4-hourly observations carried out within the first 24 hours and more frequently if required.

* Codes for recording oxygen delivery device and flow rate on PEWS Observation Chart

A Air (not requiring oxygen, or weaning or on 'RPN' oxygen)	H28 Humidified oxygen at 28% (also H35, H40, H60 for humidified oxygen at 35%, 40% and 60%)
N Nasal cannula	RM Reservoir mask
SM Simple mask	TM Tracheostomy mask
V24 Venturi 24% V28 Venturi 28% V35 Venturi 35%	CP Patient on CPAP system
V40 Venturi 40% V60 Venturi 60%	NIV Patient on NIV system
	OTH Other device (please specify): _____

Flow Rate (FRI) - Always record flow rate in L/min (e.g. 4 = 4L/min or 2 = 2L/min)

EMERGENCY ACTIONS RELATING TO SPECIALITY ACTION PROTOCOL (SAP)					
Date	Time	PEWS	Actions Taken	Print Name	Signature



Specialty Action Protocol

Using the SAP information you read on the previous page and your own **clinical judgement**, decide what interventions (if any) you would initiate for the chart you completed earlier. Make a note of the interventions in the notebook below. A summary of the scenario is provided below. Once you have made a note of your interventions, click on the show me button to see a list of the expected interventions.

Scenario 2

Date: 17th August 2009

Time: 11.40am

Clinical Setting and History

You are called to see a 62 yr old woman admitted 3 days previously with chest infection. She has developed central crushing chest pain. The pain is severe and is radiating into her left arm.

Additional information

The patient has had symptoms of chest pain for 40 minutes but has not alerted staff until now as pain is now unbearable. She has no known ischemic heart disease.

Clinical Course

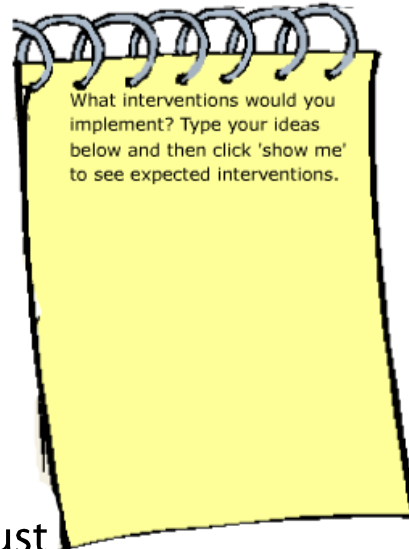
Initial observations: RR=18, SaO2=98% on Air, HR=98bpm, BP=140/80, CRT=2, T=36.8, AVPU=A

The patient has complained that the pain has rapidly worsened over the last five minutes and cannot bear it any longer

High flow oxygenation increases SaO2 to 100%

Simple analgesia or GTN spray will not relieve the pain

12lead ECG confirms myocardial infarction



SBAR

There are many methods of communication in relation to the deteriorating or sick patient. SBAR is one of the more commonly used communication tools used to communicate the need of more urgent medical attention to a deteriorating patient. It focuses on careful logical thought processes and avoids unnecessary information and panic. Move your mouse over hotspot on the SBAR below to get more detail on each section.

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Date: _____ Time: _____ Addressograph _____

SITUATION

This is an SBAR Briefing
I am on ward
I am calling about
His/Her Early Warning Score is
His/Her vital signs are: Respiratory rate
SaO2
Heart rate
B/P
Temperature
Alertness

BACKGROUND

The patient is in hospital because
He/She has been in hospital for (hrs / days / weeks)
His/Her normal condition is
(Alert / Mobile / Independent / Other)
Previous Early Warning Score was

ASSASSESSMENT

This is what I think the problem is
And I have done
(given O2 / Analgesia / withheld)
Or I am not sure what the problem is but the patient is deteriorating.

RECOMMENDATION

My recommendation is that you come and see the patient.
Do you need me to do anything now?

Name of person phoned:

Signature: Print Name:

WHEN COMPLETED PLEASE KEEP THE ORIGINAL WITH THE PATIENT NOTES
AND STORE THE COPY IN THE SBAR FOLDER



CERTIFICATE of ACHIEVEMENT

This is to certify that

Admin User

has completed the course

Physiological Early Warning System (PEWS)

December 2, 2010

Medicine and Unscheduled Care

3h655WzEnT





ANY QUESTIONS?



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