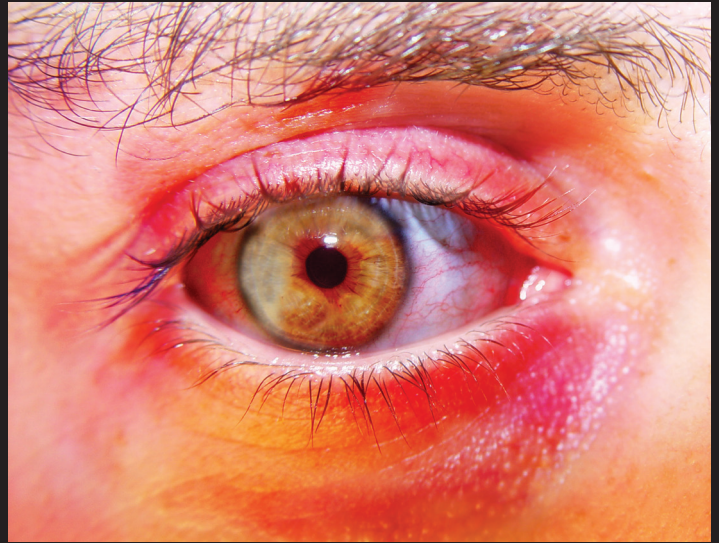


Protect your eyes

An eye injury could disable you for life. You may be unable to work, drive or play sport. But three simple steps can protect your sight.

- 1 Know the eye safety dangers at YOUR workplace.
- 2 Minimise hazards BEFORE starting work – use screens, machine guards or engineering controls.
- 3 ALWAYS use appropriate protective eyewear.



You are more likely to have an eye injury at work if you are doing something new or are tired, rushed or distracted.

Barriers and shields should prevent or minimise eye hazards in your workplace, but protective eyewear (such as safety glasses, goggles and face-shields) is your personal defence against injury.



The type of protective eyewear needed depends on the hazards in your workplace.

The most important thing you can do is always use protective eyewear.